

I. Choose the word whose underlined part is pronounced differently from the others.

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|---------------|-----------|-------------|-------------|
| 1. A. cough | B. enough | C. through | D. laugh |
| 2. A. dolphin | B. uphill | C. earphone | D. alphabet |
| 3. A. night | B. tough | C. flight | D. high |
| 4. A. ate | B. about | C. amazing | D. above |
| 5. A. learn | B. early | C. earth | D. hear |

II. Vocabulary

Write a word or phrase from the box under each picture



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____

III. Complete the sentences with the words and phrases below

tofu

fit

chapped lips

weight

harms

bins

- Doing housework is a kind of exercise. It helps keep you _____.
- Some of a vegetarian's main foods are _____ and vegetables.
- Physical activities like running help you lose _____.
- There should be more _____ in public places.
- Reading in dim light _____ your eyes.
- Cold weather causes _____ and skin.

**IV. Translate into Vietnamese**

1. What is the benefit of playing volleyball?

2. Eat more fruit and vegetables.

3. Fruit contains a lot of vitamins.

4. Laughter and love are good for your health.

5. We should do more physical activities.

6. Don't hate people.

7. Skip breakfast to lose weight.

8. Exercise every day.

9. Eat until you feel 100% full.

10. Take a bath once a day.



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Unit 2: HEALTHY LIVING- 2

11. Have a balanced diet for a long life.

12. Change your pillow cover once a month.

13. Keep warm in winter.
