LICENCIATURA EN LENGUAS EXTRANJERAS CON ÉNFASIS EN INGLÉS
CLUB DE INGLÉS ZSUR

Designer: Jonathan Stiven Gonzalez Conde

Topic: Present Simple (routines and adverbs of frequency)

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Frequency	Adverb of Frequency	Example Sentence
100%	always	I **always** go to bed before 11 p.m.
90%	usually	I **usually** have cereal for breakfast.
80%	normally / generally	I **normally** go to the gym.
70%	often* / frequently	I **often** surf the internet.
50%	sometimes	I **sometimes** forget my wife's birthday.
30%	occasionally	I **occasionally** eat junk food.
10%	seldom	I **seldom** read the newspaper.
5%	hardly ever / rarely	I **hardly ever** drink alcohol.
0%	never	I **never** swim in the sea.

1. Match the adverbs of frequency according to their frequency percent.



a. Sometimes	1. 10%
b. Seldom	2. 5%
c. Always	3. 70 %
d. Often	4. 50%
e. Hardly	5. 90%
f. Usually	6. 100%

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2. Write the routine







_____ _____ _____



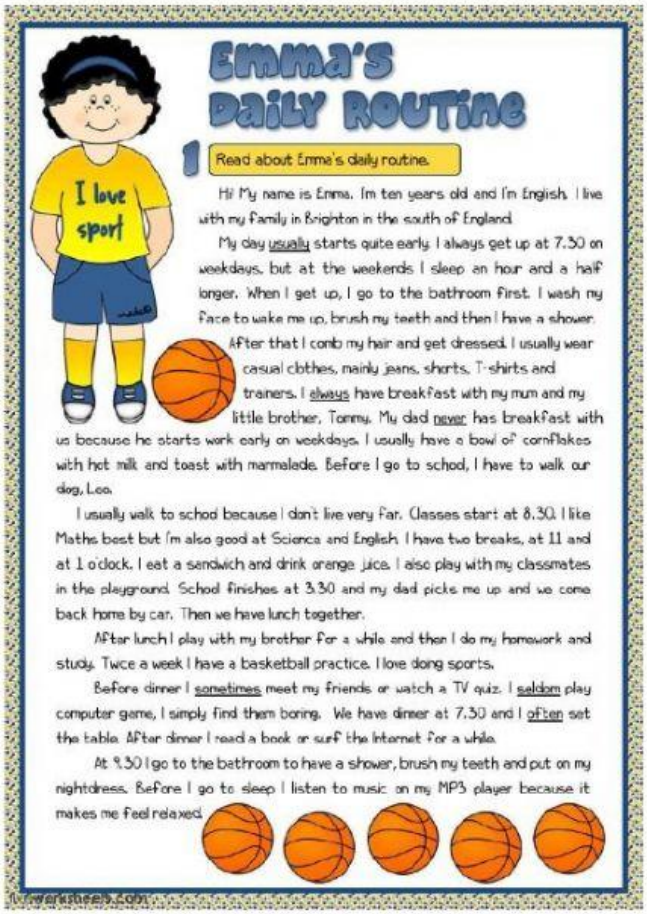




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3. **Read the text and answer the questions.**



Emma's Daily Routine

1 Read about Emma's daily routine.

Hi! My name is Emma. I'm ten years old and I'm English. I live with my family in Brighton in the south of England.

My day usually starts quite early. I always get up at 7.30 on weekdays, but at the weekends I sleep an hour and a half longer. When I get up, I go to the bathroom first. I wash my face to wake me up, brush my teeth and then I have a shower. After that I comb my hair and get dressed. I usually wear casual clothes, mainly jeans, shorts, T-shirts and trainers. I always have breakfast with my mum and my little brother, Tommy. My dad never has breakfast with us because he starts work early on weekdays. I usually have a bowl of cornflakes with hot milk and toast with marmalade. Before I go to school, I have to walk our dog, Leo.

I usually walk to school because I don't live very far. Classes start at 8.30. I like Maths best but I'm also good at Science and English. I have two breaks, at 11 and at 1 o'clock. I eat a sandwich and drink orange juice. I also play with my classmates in the playground. School finishes at 3.30 and my dad picks me up and we come back home by car. Then we have lunch together.

After lunch I play with my brother for a while and then I do my homework and study. Twice a week I have a basketball practice. I love doing sports.

Before dinner I sometimes meet my friends or watch a TV quiz. I seldom play computer game, I simply find them boring. We have dinner at 7.30 and I often set the table. After dinner I read a book or surf the Internet for a while.

At 9.30 I go to the bathroom to have a shower, brush my teeth and put on my nightdress. Before I go to sleep I listen to music on my MP3 player because it makes me feel relaxed.

1. **How often does Emma get up at 7:30 am?**

   _____

2. **What does Emma do after getting up?**

   _____

3. **How often does Emma wear casual clothes?**

   _____

4. **What time do classes start?**

   _____

5. **How many times does Emma have basketball practice?**

   _____

6. **How often does Emma meet with his friends?**

   _____

7. **What does Emma do after dinner?**

   _____

8. **What time at night does Emma go to the bathroom?**

   _____

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