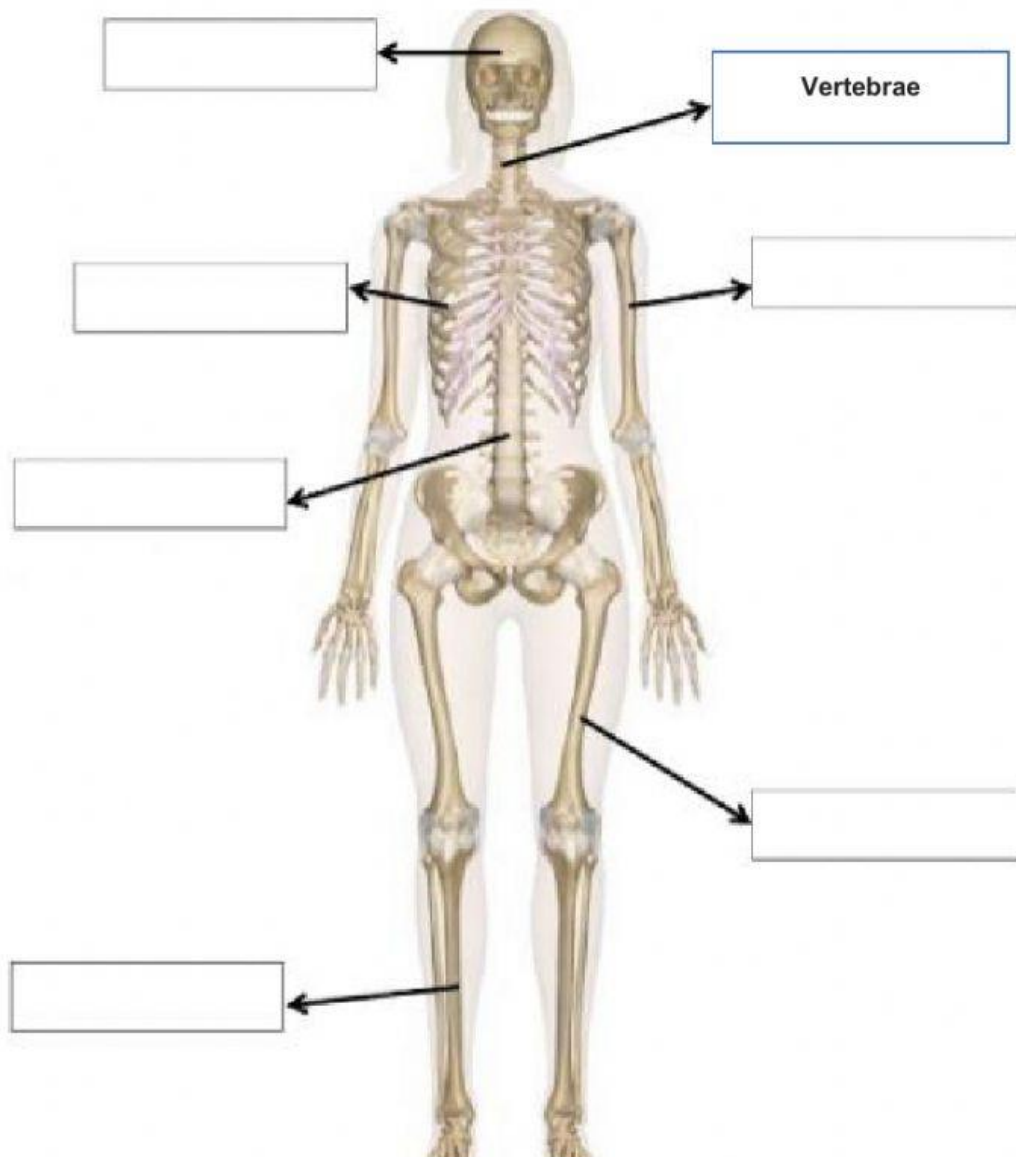




ISM North
Science – Unit 1
Third Basic

Finish on time	/5
Spelling	/5
1. Identify the names of the bones	/18
2. Recognize the main muscles	/24
3. Identify habits to care your bones	/21
4. Identify habits to care your muscles	/20
5. Reflect about good habits	/7

1. Drag the names of the bones.



FEMUR

TIBIA

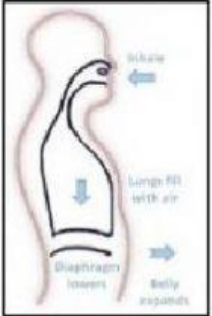
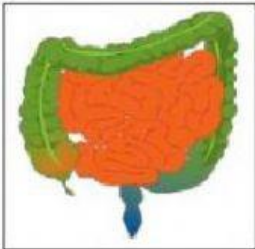
HUMERUS

SKULL

RIB CAGE

BACK BONE

2. Choose the correct answer.



3. Click on 7 things that help you to keep your bones healthy.

I CAN IDENTIFY WAYS TO KEEP MY BONES AND BODY SAFE AND HEALTHY!














4. Read the sentences and click on the ones that help you to take care of your muscles.

Eat a lot of candies.

Drink water.

Stretch your
muscles after
exercising.

Eat a delicious
hamburger.

Drink soda.

Eat food rich in
protein.

Exercise.

5. Write two healthy habits that you practice.

Be Healthy

Be Happy