

Adjective + Preposition + Gerund

A - Study the examples and usage of adjective + preposition + gerund combinations.

In the video, the narrator suggests the following tip when it comes to making decisions...

*“Be **vigilant about not wasting** energy on decisions that aren’t going to make a massive difference to your life.”*

Some adjectives in English are used with specific prepositions (**vigilant + about**), and then are followed by a gerund (**verb + -ing**). If the gerund needs negation, then simply add “not” before the gerund.

EXAMPLES With my new diet, I am **committed to eating** healthily and exercising regularly.

I am **worried about NOT having** enough discipline to follow my new diet properly.

Here are some of the most common **adjective + preposition + gerund** combinations:

famous for	France is famous for cooking Arabian food.
proud of	He is very proud of buying his new car.
interested in	Julie is very interested in playing sports.
pleased with	John is very pleased with not having to wear suit and tie at work.
bad at	They are very bad at doing the math.
keen on	The captain wasn’t keen on having him in the team.
good at	Einstein was very good at formulating theories.
excited about	I’m very excited about not staying home on holiday.
afraid of	I’m afraid of going bungee-jumping.
responsible for	A doorkeeper is responsible for not letting strangers enter the building.
shocked at	He was shocked at not having a second chance.
successful in	They were successful in convincing her to join the party.
aware of	People should be aware of not wasting water.

B - Rewrite each sentence below using an adjective + preposition + gerund combination. Use the preposition given into parenthesis and negation where necessary.

EXAMPLE Don’t be afraid to step outside your comfort zone sometimes. (of)
*Don’t be **afraid of stepping** outside your comfort zone sometimes.*

1 After experiencing the benefits of a healthy lifestyle, I am keen to keep it up. (on)
After experiencing the benefits of a healthy lifestyle, I am _____ it up.

2 My friend is interested to hear my opinion on the difficult decision she is facing. (in)
My friend is _____ my opinion on the difficult decision she is facing.

- 3 Don't be discouraged that you didn't get accepted to the university. (by)
Don't be _____ accepted to the university.
- 4 With my new job, I am concerned that I won't have as much time for my hobbies. (about)
With my new job, I am _____ as much time for my hobbies.
- 5 Kate is proud that she eliminated all of her bad habits from her life. (of)
Kate is _____ all of her bad habits from her life.

C- Match the sentence halves.

1 I'm pleased	a ABOUT losing my tablet.
2 I'm worried	b IN playing most online games.
3 I'm shocked	c WITH paying my new smartphone in installments.
4 I'm aware	d ON making video clips.
5 I'm keen	e AT being forced to upload certain apps so often.
6 I'm successful	f FOR running an online forum.
7 I'm responsible	g OF not being careless while exchanging information on the Internet.

D - Tick the correct prepositions.

- 1 Are you excited **about** () / **for** () going to the party?
- 3 She wasn't very pleased **in** () / **with** () sharing the room with her cousin.
- 4 Who will be responsible **about** () / **for** () making the phone calls?
- 5 That actor is famous **for** () / **about** () being extremely weird.
- 6 He was proud **of** () / **for** () having completed the marathon.
- 7 The hikers were worried **about** () / **with** () not having enough water.
- 8 She is afraid **about** () / **of** () speaking in public.
- 9 They are good **in** () / **at** () listening to people.
- 10 We are interested **on** () / **in** () selling the house.