Task

Read the text. Use the words below to fill in the gaps.

The children's food is very important. Brain activity is as 1._____ as you can imagine and depends on your everyday menu. Doctors say that school years are critical for brain 2. _____. There are some foods that can help kids stay sharp and affect how their brains develop. Eggs 3._____ protein and nutrients that help kids concentrate. So, an egg is a good source of energy in the morning. Fat is also very important to brain health. A full- fat yogurt can help keep brain cells in good form for sending and 4._____ information.

Contain Development Fast Receiving

Answers

1	2	3	4

LIVEWORKSHEETS