GRAMMAR

ADVERBS OF FREQUENCY

adverbs of frequency

never hardly ever sometimes often usually always

0% 10% 40% 60% 80% 100%

I	often	listen to	the radio.
Keanu	hardly ever	has	breakfast.
They	are	never	late.
My phone	's	usually	here.

Use adverbs of frequency to say how often you do something.
*I **usually** have breakfast at home.*
*Leo is **always** very happy.*
Frequency adverbs go before most verbs: *He **never** listens to me,* but after the verb *be*: *Sarah is **usually** friendly.*
Usually and *sometimes* can also go at the beginning of a sentence.
***Sometimes** Ahmed phones me after midnight.*

B Read the sentences again and underline the correct alternative in the rules below.

RULES

The adverb goes *before/after* the verb *be*.
The adverb goes *before/after* other verbs.

C Put the words in the correct order.

1 A / you / problems / often / with / friend / helps / real
A real friend often helps you with problems.

2 friends / other / understand / each / Real / always

3 friend / is / a brother or sister / real / sometimes / A

4 about / friends / ask / personal things / never / Real

LIVEWORKSHEETS

5 disagree / Real / hardly ever / friends

6 are / age / the same / friends / Real / usually

VOCABULARY

PERSONALITY

4 A Match the adjectives in the box with pictures A–F.

interesting *D* intelligent kind talkative friendly funny













Interesting ☐

Intelligent ☐

Kind ☐

Talkative ☐

Friendly ☐

Funny ☐

B Look at the adjectives in the box below. Complete the box with the opposite adjectives from Exercise 4A.

stupid *intelligent* serious ☐ boring ☐ unfriendly ☐ quiet ☐ unkind ☐

LIVEWORKSHEETS

5 A Complete 1–4 with the correct phrases in the box.

~~very interesting~~	not very interesting
interesting	really interesting

1 ✓✓ = She's *very interesting*.
2 ✓✓ = She's _____.
3 ✓ = She's _____.
4 ✗ = She's _____.

B 3.4 Listen and repeat.

C Correct the words in bold in four of the sentences below. One sentence is correct.

1 I'm ~~**not very**~~ *really* friendly. I love being with people.
2 I'm **very** quiet. I speak all the time. ☐
3 I'm **not** funny. People often laugh at my jokes. ☐
4 I'm **really** kind. I always help my friends. ☐
5 I'm **not very** serious. I like studying and I don't like doing nothing. ☐

D Change the sentences above so that they are true for someone you know. Then work with a new partner and compare your answers.

My sister's very funny. People always laugh at her jokes.

LIVEWORKSHEETS