

# Identifying Emotions in Conversations

1 | Read the following adjectives for emotions and identify which words describe a positive, neutral or negative feeling. If necessary, look up unfamiliar words in a dictionary. Some words may fit into more than one category.

- ambivalent
- annoyed
- anxious
- apprehensive
- concerned
- content
- defensive
- determined
- disappointed
- discouraged
- embarrassed
- enthusiastic
- frustrated
- furious
- grateful
- grieving
- miserable
- optimistic
- overwhelmed
- regretful
- relieved
- shocked
- thrilled
- uneasy
- vulnerable
- wary
- upset

2 | The list above contains adjectives to describe emotions. Where possible, change them into nouns.

3 | Choose five of the emotions from the list above. For each emotion, describe a situation you have experienced that made you feel this way.

4  | Audio 3.5: Listen to three short dialogues. Complete the chart to identify each situation, the relationship between speakers, and their emotional states. What helped you to identify each speaker's emotions (e.g., tone, phrases)?

	Situation	Relationship between speakers	Speakers' emotions
1.			
2.			
3.			