

## Staring at Screens- Vocab

- 6 **Using vocabulary** Complete the sentences with the words and phrases in the box.

*average week*  
*change channels*  
*channel surf*

*couch potato*  
*remote control*  
*the TV*

*turn down the*  
*volume*  
*turn on the TV*

*turn the TV off*  
*waste of time*

1. As soon as I get home from work, I \_\_\_\_\_ because I want to know what's on the news.
2. When friends come to visit, we usually \_\_\_\_\_ and just talk and have something to eat.
3. When I don't like a TV show, I \_\_\_\_\_ and find another program or turn it off and go out.
4. The commercials are very loud, so I \_\_\_\_\_ when they come on.
5. I prefer to read in a quiet room, without \_\_\_\_\_ on.
6. To find a good program on TV, I don't look in the newspaper. I usually just \_\_\_\_\_ until I find something interesting.
7. I don't like to exercise or go out; I prefer to stay home and watch TV. I guess I am a \_\_\_\_\_.
8. It's easy to change channels with a \_\_\_\_\_; you don't have to move.
9. I think TV is entertaining and educational, but other people think it's a \_\_\_\_\_.
10. I watch about 20 hours of TV during a(n) \_\_\_\_\_.