

Name: _____

Carefully read and complete the following.

1. An action produced with the involvement of thoughts is _____.
2. An action which takes place without consciousness or willingness of an individual is _____.

State which action is voluntary or involuntary.



VOLUNTARY

INVOLUNTARY



VOLUNTARY

INVOLUNTARY



VOLUNTARY

INVOLUNTARY

Place the difference between voluntary action and involuntary action under the correct heading.

No learning is required	learning required
Cannot be quickened or slowed down	
Can be quickened or slowed down	
The movement can be controlled consciously	
The movement are involuntary and controlled by our will	
controlled by the medulla or spinal cord	
controlled by the cerebrum	

Voluntary Action	Involuntary Action