Science
ENERGY
Lesson 13

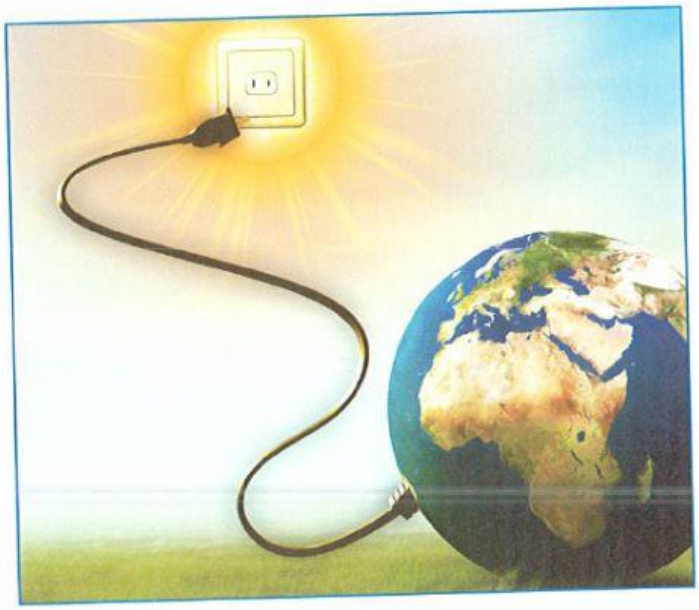
RV-A-26
MP3

Read the story below.

Energy

Do you like to run and jump?
When you move you use energy.
If you move faster you use more energy.
Energy does work.

There are different kinds of energy.
Heat energy makes things warm.
Earth gets heat from the sun.
The sun warms you too.
If you are cold then just stand in the sun.
Heat comes from fire too.
We use fire to warm our homes.
We also use heat to cook our food.



LIVEWORKSHEETS

shadow	heat
window	stop
catch	cook

Light energy lets us see.
The sun gives light.
Light bulbs and candles give light too.
Some bugs even give off light.
Have you ever caught a lightning bug?
Light goes through windows.
Many things stop light.
These things make shadows.

Sound is energy you can hear.
You can make sound.
Try. Sing or talk or even shout!
A louder sound means more energy.
How much energy do you have?

LIVEWORKSHEETS

UNIT 7

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Exercise 1

Read the sentences. Complete them with a word from the box.

shadow	**heat**	**catch**
window	**cook**	**stop**

1. The light made a funny _____ with my hand.

2. Look out the _____. It's snowing.

3. How long do you _____ spaghetti for?

4. Butterflies are hard to _____.

5. There is a red light. _____ the car.

6. The oven needs more _____ to bake the cake.

LIVEWORKSHEETS

Exercise 2

1 Opposite Meanings

Write the words with opposite meanings on the line.

catch	cook

1. _____ I cool my juice in the fridge.

2. _____ I let go of the fish and it swims away.

2 Word Groups

Write the word from the box that belongs with each pair of words.

heat	stop	window

1. sound light _____

2. door stairs _____

3. finish end _____

LIVEWORKSHEETS

UNIT 7

Exercise 3

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Which word best fits in the blank? Circle the correct answer.

I looked out the ____(1)____. It was too dark. I could only see ____(2)____.

1. a. wall
b. shadow
c. heat
d. window

2. a. sounds
b. the sun
c. shadows
d. light

The ball is hard to ____(3)____. It's going too fast. ____(4)____ throwing it so hard.

3. a. cook
b. sun
c. catch
d. bake

4. a. Stop
b. Keep
c. Always
d. Fast

First, turn up the ____(5)____ on the stove. Then put the meat in a pan. Now you can ____(6)____ it.

5. a. sun
b. sound
c. heat
d. energy

6. a. cool
b. sound
c. give
d. cook

LIVEWORKSHEETS

Comprehension

1 Reading Comprehension Choose the best answer.

1. This story is about _____.

a. work
b. light
c. heat
d. energy

2. Heat is made by _____ and the _____.

a. sound, Earth
b. water, ground
c. light, home
d. fire, sun

3. You use _____ to move faster.

a. more energy
b. more sound
c. less sound
d. less energy

2 General Understanding Circle T for true or F for false.

1. When things stop light they make shadows. T F

2. Sound is energy you can see. T F

3. Some bugs make light. T F

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