

## READ AND CORRECT THE STATEMENTS

### Your Amazing Body

**Y**our body is more amazing than any machine or computer. It is made up of many parts that work together every minute of every day and night. All its systems work together to help your body work efficiently and stay healthy and strong.

#### Circulatory System

In the circulatory system, the heart pumps blood to the body. The blood carries the oxygen and nutrients that the body needs to stay alive. Arteries take the blood from the heart, and veins carry it back. Your heart beats more than 100,000 times a day.



#### Digestive System

The digestive system moves food through the esophagus, stomach, and intestines. They break food down into tiny particles called nutrients. Nutrients use blood to travel to all parts of the body. The digestive system changes the food into energy and then eliminates indigestible waste.



#### Nervous System

We can think, feel, move, hear, and see thanks to the nervous system. It includes the brain, spinal cord, and nerves. The brain has three major parts that control thinking, speech, vision, and physical coordination, and the respiratory, circulatory, and digestive systems. The brain sends signals to the rest of the body using the spinal cord.



#### Respiratory System

This system allows us to breathe. Air comes into the body through the nose and mouth. It travels through the trachea to the bronchi, and finally arrives in the lungs. Then, blood carries oxygen to the body.



#### Skeletal System

The skeletal system is made up of 206 bones. Some bones support the body and other bones and protect organs. For example, the ribs cover the lungs and other organs, and the skull protects the brain.



#### Muscular System

Muscles are elastic fibers that help your body to move. There are around 650 muscles in your body. When you walk, you use about 200 muscles.



We can't breathe through our mouth. \_\_\_\_\_

We don't get nutrients from blood \_\_\_\_\_

Veins keep blood in the heart \_\_\_\_\_

Some bones hurt organs \_\_\_\_\_

We use 650 muscles to walk \_\_\_\_\_

The brain has four major parts \_\_\_\_\_