

# Reading no. 4

1. Read the blog on page 43 about eating local food. Then choose the things Alex eats during the five days he describes.



2 Choose the correct answers.

1 Why doesn't he eat a lot of fruit?  
a They don't grow much fruit where he lives.  
b He doesn't really like it.  
c It's very expensive where he lives.

2 How does he feel at the start of the week?  
a He's excited – it's going to be fun.  
b He's not very excited – it won't be fun.  
c He's worried – he can't cook.

3 What does he eat on Day One?  
a nothing  
b porridge  
c supermarket cereal

4 Alex gets the ingredients for his omelet from  
a the supermarket.  
b the local store.  
c his aunt's backyard.

5 What happens when Alex goes to the local store?  
a He doesn't buy the things he planned to buy.  
b He pays too much money.  
c He forgets his shopping.

6 What doesn't Alex eat from his aunt's backyard on Day Five?  
a peppers  
b potatoes  
c cabbage