UNIT 2. HEALTHY LIVING

(b2. Grammar 1)

Exercise 1. Choose the simple sentences.

____ 1. The dog barks.

____ 2. You may watch TV, or you can go out to play.

____ 3. The kettle boils.

____ 4. The little girl was carrying a basket on her head.

____ 5. He took the test several times, but he couldn't pass.

____ 6. Scott plays tennis in the morning.

____ 7. The girl dances on the floor.

____ 8. Mary went to work, but John went to the party, and I went home.

____ 9. Our car broke down; we came last.

____ 10. Sitting on a branch, the monkey gibbered.

Exercise 2. Match the first part in column A with the second part in column B.

A	B
1. Eating	A. very good for your heart.
2. Regular exercise is	B. the summer.
3. I often get ear infections in	C. cough medicine?
4. I will go	D. from toothaches.
5. I had a sore	E. healthier food.
6. You should eat	F. seems to catch the flu every year.
7. She's afraid	G. to the doctor to get some medicine.
8. Tom	H. of getting sick again.
9. Do you have any	I. carrots regularly helps you see better.
10. He often suffered	J. throat and a headache.

Exercise 3. Complete the sentences with the correct form of the verbs in brackets.

1. You are catching the flu, but you (not, wash) _____ your hands very often.

2. Tommy has a temperature, and he (have) _____ a sore throat.

3. Mark feels tired, but he (not, go) _____ to bed early.

4. They (have) _____ an allergy, so they choose food and drink very carefully.

5. Anna doesn't feel well. She often (feel) _____ sick and weak.

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6. Eat less high-fat food to keep you from (get) _____ fat.

7. To prevent the flu, you should (eat) _____ a lot of garlic and keep your body warm.

8. My younger brother (do) _____ morning exercise every day.

9. Eating too much (be) _____ bad for your health.

10. Health (mean) _____ everything.

Exercise 5. Circle the sentences that have the same meaning.

1. He got up and walked away.	A. Getting up, he walked away.
	B. Got up, he walked away.
2. She gave them not only a house but some land also.	A. On a house, she gave them some land also.
	B. Besides a house, she gave them some land also.
3. You must take your medicine; otherwise, you cannot get well.	A. You must take your medicine in order to get well.
	B. You don't have to take your medicine in order to get well.
4. He is rich, yet he is not happy.	A. In spite of being rich, he is not happy.
	B. Because being rich, he is not happy.
5. He is so weak that he cannot carry the box.	A. He is too weak not to carry the box.
	B. He is too weak to carry the box.
6. We eat so that we can live.	A. We eat to live.
	B. We eat to can live.
7. Though she is rich, she is hard working.	A. In spite of is rich, she is hard working.
	B. In spite of being rich, she is hard working.
8. I saw a bird which was flying.	A. I saw a bird flying.
	B. I saw a bird was flying.
9. It was a shirt which was blue.	A. It was a blue shirt.
	B. It was a shirt blue.
10. You must take a rich diet, or you will not gain weight.	A. You must take a rich diet not to gain weight.
	B. You must take a rich diet to gain weight.

Exercise 6. Circle the correct answers.

1. Is she **good/ well** enough to run one kilometer?

2. "Ow! Be careful with that coffee." - "Look, now I have a **burning/ burn** on my arm."

3. Rob has a **temperate/ temperature** of 39.5°C.

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4. Don't eat so quickly. You'll get a **stomachache/ stomach**.

5. I have a **pain/ painful** in my back. I'm going to lie down.

6. That's a bad **cough/ coughing**. Why don't you have a glass of water?

7. "I have a **tooth/ toothache**." - "Why don't you telephone the dentist?"

8. "I feel **sick/ sickness**." - "Quick, I must get to the bathroom!"

9. My arm **hurts/ hurt** after that game of table tennis.

10. "I have a **head/ headache**." - "That's because you watch too much TV."

Exercise 7. Fill in the blanks with suitable words in the box.

allergy	toothache	suffer	worse	vegetables
tired	bad	flu	sick	and

1. Some people have a very _____ habit in littering in public.

2. People who live in dusty areas often _____ from diseases.

3. Julia has a headache, and she feels _____.

4. I have an _____, so I choose food and drink very carefully.

5. You should spend less time playing computer games, or your eyes will be _____.

6. Tom feels _____, but he doesn't go to bed early.

7. Trung eats too many sweets so he has a terrible _____.

8. To prevent the _____, we should keep our hands clean and our feet warm.

9. Fresh _____ promote health.

10. Tom is fat because he eats too much _____ doesn't get enough exercise.

Exercise 8. Fill in each blank with the correct conjunction.

if	and	when	so	but	or

1. Do more exercise _____ you want to lose weight.

2. I have a lot of homework to do this evening, _____ I don't have time to watch the football match.

3. Eat more vegetables, _____ you will feel healthier.

4. Take up a new hobby _____ you'll have some new friends.

5. Eat more fish, _____ you will be smarter.

6. He has toothache _____ he still eats a lot of sweets and cakes.

7. Try to talk less _____ you have a sore throat.

8. Smoke less _____ give it up.

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9. Sunbathe less, _____ you'll get sunburnt.

10. If you spend less time on computer games _____ television programmes, you will have more time for outdoor activities.

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