

2 Look at the list. Write sentences with **should** or **shouldn't**.

Tips for healthy living

- Don't go to bed too late.
- Eat more fruit and vegetables.
- Don't eat lots of sweets.
- Relax.
- Don't work too hard.
- Walk to school.
- Don't catch the bus all the time.
- Go to bed early.
- Don't drink fizzy drinks.
- Do lots of sport.

- 1 You shouldn't go to bed too late.
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

3 Write sentences. Use **should** or **shouldn't** and the words in brackets.

- 1 Billy wants to save money. (spend all his pocket money)
He shouldn't spend all his pocket money.
- 2 Fin has hurt his leg. (play football)
He _____
- 3 Linda wants to get a good school report. (work hard in class)
She _____
- 4 Penny wants to be healthy. (buy sweets and biscuits)
She _____
- 5 William wants to help his Mum and Dad. (tidy his room)
He _____
- 6 The teacher wants her students to learn a lot every day. (give lots of homework)
She _____
- 7 The children want to speak good English. (practise a lot)
They _____
- 8 Helen doesn't want any breakfast. (take an apple to school)
She _____

1 Write statements or questions and short answers. Use the present perfect.

1 I / switch off / the computer

I've switched off the computer.

2 we / not finish / our school project

3 Holly / tidy / her room / ? / ✓

4 George and Theo / not put / the books away

5 Eric / make / his bed today / ? / X

6 Dad / print / all the documents

7 we / search / the Internet for the information / ? / X

8 Gemma / not log on / today

2 Write statements or questions and short answers. Use the present perfect and go.

1 ever / Heidi / America / ? / ✓

Has Heidi ever been to America? Yes, she has.

2 Mr and Mrs Cooke / Africa / never

3 Jasper / ever / Australia / ? / X

4 Lily and Marion / never / America

5 Frank / Australia / ever / ? / ✓

6 ever / Andy and Theo / Africa / ? / X

3 Look at the pictures. Write sentences. Use **should** and **shouldn't**.

eat so many sweets do more exercise work so hard
drink some water spend all day playing computer games



You shouldn't eat so many sweets.



4 Look at the chart. Complete the sentences. Use **could**, **couldn't**, **can** or **can't**.

	Five years ago	Now
Tim / play the guitar	X	✓
I / speak French	X	✓
we / cook	X	✓
you / speak English	X	✓
Grandma and Grandpa / walk a long way	✓	X
we / play in the afternoon	✓	X

- Five years ago, Tim couldn't play the guitar. Now, he can.
- Now, I _____ speak French. Five years ago, I _____.
- Five years ago, we _____ cook. Now, we _____.
- Five years ago, you _____ speak English. Now, you _____.
- Five years ago, Grandma and Grandpa _____ walk a long way. Now, they _____.
- Now, we _____ play in the afternoon. Five years ago, we _____.