

# 3 Health matters

1 Read Stella's diary.

Friday  
I had a busy day. In the morning I ate a big breakfast and drank a lot of milk. I went to school with Suzy. Before lunch I had my favourite lessons, Maths and Science. I saw my Music teacher and took her my project. It's my new song. After lunch, our English teacher gave us an exam. There were twenty questions. I was the first to finish!

Now look for the past of the verbs.

- |         |       |        |       |
|---------|-------|--------|-------|
| 1 is    | was   | 6 see  | ..... |
| 2 have  | ..... | 7 take | ..... |
| 3 eat   | ..... | 8 give | ..... |
| 4 drink | ..... | 9 are  | ..... |
| 5 go    | ..... |        |       |

2 Complete the diary. Use the past verbs.

After school I (1) ..... to the library. There  
(2) ..... a lot of new books about famous people.  
I (3) ..... my Science teacher at the library.  
She (4) ..... me a book on Marie Curie and I  
(5) ..... another book on detectives for Simon.  
He (6) ..... at home in bed because he  
(7) ..... a cold. We (8) ..... fish  
and chips for dinner and I (9) ..... some more  
milk before I (10) ..... to bed. I love milk!