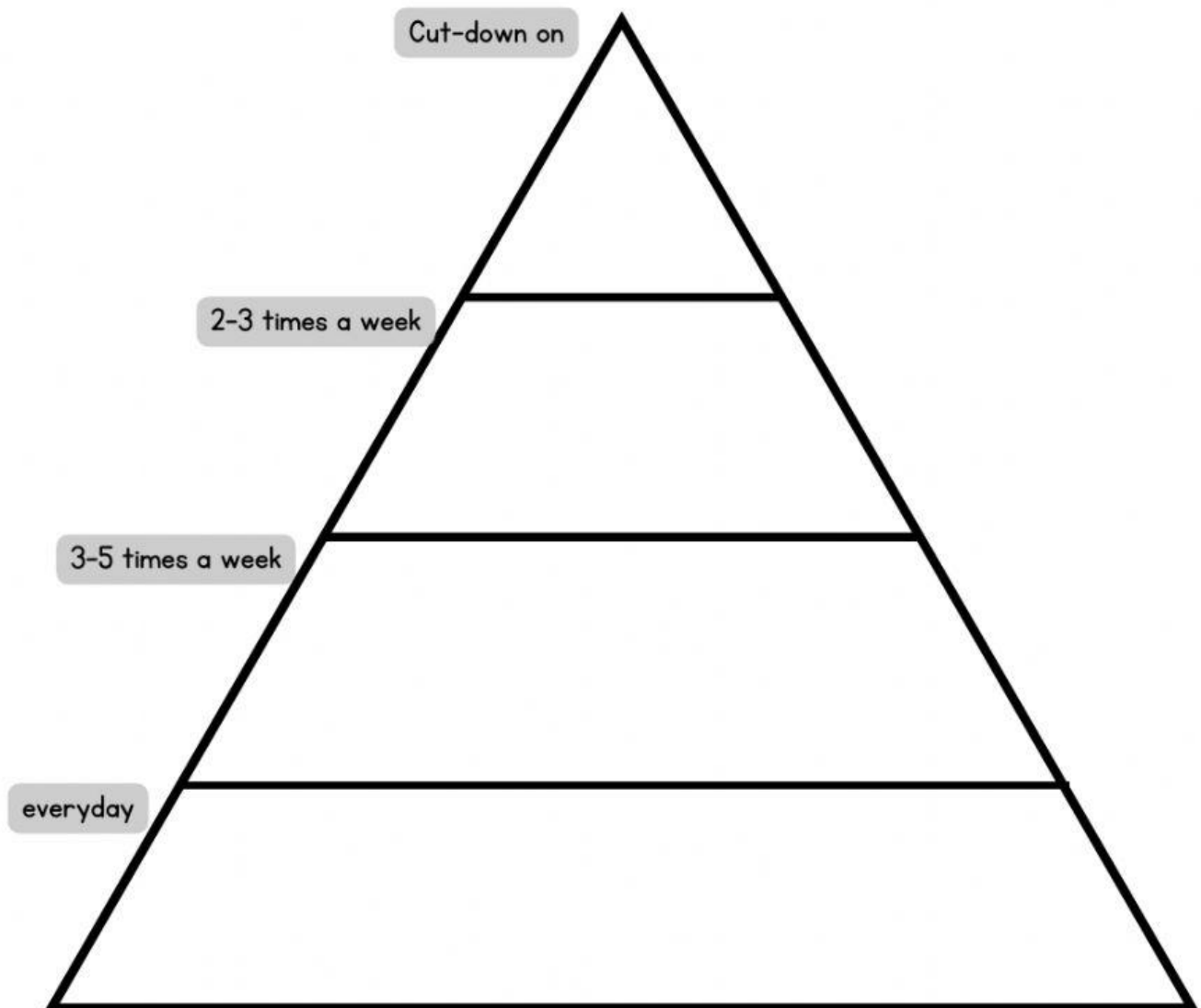


Test II.

Instructions: Illustrate your own physical activity pyramid as your guide for your everyday activities. Write down the names of activities on each level. You will be graded using the rubric below.

Criterion	5 Beyond standards	4 Meets the standard	3 Approaching standards	2 Does not meet standards	Weight	Score
Demonstration of Learning	The student excellently and accurately illustrated all of the activities on the physical activity pyramid.	The student accurately illustrated all of the activities on the physical activity pyramid with few lapses.	The student illustrated some of the activities on the physical activity pyramid with evident lapses.	The student illustrated insufficient activities on the physical activity pyramid with evident lapses.	x2	/10



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