

Name: _____

Choose the correct definition for

1. Prenatal care _____

2. Post natal care _____

Place the components under the correct headings

Nutrition	follow up	medical care
advice during AN visit	health education	
management of minor ailment	clinical assessment	
Family planning service		

Prenatal care	Postnatal care

Place the importance of prenatal and postnatal care under the correct headings.

Promotes mother's health offers counseling promote the physical well-being of the mother and baby to ensure physiological changes are occurring normally Spots complication early on lower risk of low birth weight, premature baby or neonatal death ensure healthy weight gain to teach care of the baby and strengthen the woman's confidence in herself
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Prenatal care	Postnatal care