

## What do you think about fitness and sports? Answer these questions.

1. Do you like to exercise for a short time or a long time?  
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2. Do you prefer exercising in the morning or in the evening?  
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3. Which do you like better, walking or jogging?  
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4. Which do you like better, team sports or individual sports?  
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5. How good are you at sports like basketball and tennis?  
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6. What is a sport or game you don't like?  
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