

Name :

Grade/Group :

The following text is for questions 1 and 2.

Chocolate Chip Cookies

batch 01-15

Ashley's Cookies
2550 Kingston Lane
Anytown, NH 03333
(603) 555-5555

Ingredients: Enriched flour (Wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid), butter (milk, salt), chocolate chips (sugar, chocolate liquor, cocoa butter, butterfat (milk), Soy lecithin as an emulsifier), walnuts, sugar, eggs, salt, artificial vanilla extract, baking soda.

Contains: wheat, eggs, milk, soy, walnuts

"This product is exempt from New Hampshire licensing and inspection."

Source: <https://web.archive.org/web/20201111190801/https://www.drhs.nh.gov/dphs/tp/homestead.htm>, downloaded March 5, 2021

1. What is the label about?

A. Food

C. Medicine

B. Drink

D. Food supplement
2. What is used to emulsify the product?

A. Milk

C. Soy lecithin

B. Eggs

D. Baking soda

The following text is for questions 3 to 5.

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are allergic to acetaminophen or any of the inactive ingredients in this product

Ask a doctor before use if you have liver disease

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin

Stop use and ask a doctor if

- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- new symptoms occur
- redness or swelling is present

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Source: <https://web.archive.org/web/20210309003956/https://www.knowyourdosa.org/common-medicines/how-to-read-your-medicine-label/>, downloaded March 5, 2021

3. By reading the text, we know the _____ of a product.

A. description

C. nutrition facts

B. ingredients

D. directions of use
4. We will be _____ if we consume the product with other drugs containing acetaminophen.

A. fainted

C. poisoned

B. healthy

D. recovered
5. From the text we can conclude that _____.

A. everyone may use the product

C. the product is without side effects

B. the product is safe for children

D. allergy may occur when using the product

The following text is for questions 6 to 8.



Source: https://web.archive.org/web/20210309013524/https://www.delgrossfoods.com/site/assets/files/1365/delg_organic_marinara_2019-01.jpg, downloaded March 9, 2021

6. Where can you read the label?
- On a sugar package
 - On a vinegar wrapping
 - On a pasta sauce wrapping
 - On a fresh vegetable package
7. Why is the product safe for consumption?
- It uses traditional recipes.
 - It uses organic ingredients.
8. For the best result, what should we do after opening the product?
- Shake it well
 - Store it in a fridge
 - Pour it into a bottle
 - Keep it tightly closed
9. It puts nutrition facts on its label.
10. It inserts the website of the manufacturer on its label.

The following text is for questions 9 to 11.

Drug Facts Active Ingredients: Camphor 11% Topical Analgesic Menthol 7.6% Topical Analgesic Methyl Salicylate 13.0% Topical Analgesic Inactive Ingredients: Eucalyptus Oil, Petrolatum Jelly, Paraffin Wax		Drug Facts (continued) Stop use and ask a doctor if: ■ Skin redness or excessive irritation of the skin occurs ■ Condition worsens ■ Symptoms persist for more than 7 days or clears up and occurs again within a few days. ■ Do not bandage tightly ■ Keep out of reach of children. ■ If swallowed, get medical help or contact poison control.				
Uses: For temporary relief of minor aches and pains of muscles and joints associated with: ■ Neck and shoulder stiffness ■ Rheumatism ■ Muscle strain ■ Sprain ■ Bruises For temporary relief of pain and itching associated with: ■ Insect bites ■ Minor skin irritation		Directions: <table border="1"> <tr> <td>Adults and children 2 years and up:</td> <td>Apply to affected area not more than 3 - 4 times daily.</td> </tr> <tr> <td>Children under 2 years</td> <td>Consult a doctor before use.</td> </tr> </table>	Adults and children 2 years and up:	Apply to affected area not more than 3 - 4 times daily.	Children under 2 years	Consult a doctor before use.
Adults and children 2 years and up:	Apply to affected area not more than 3 - 4 times daily.					
Children under 2 years	Consult a doctor before use.					
Warnings: ■ For external use only. When using this product: ■ Use only as directed. ■ Do not apply to wounds or damaged skin. ■ Do not use on the eyes or on mucous membranes. ■ Do not use with a heating pad or apply external heat.		Other Information: This product may provoke allergic reaction in some individuals. Test on small area before use.				

Source: <https://web.archive.org/web/20210309010905/https://fda.report/DailyMed/fe907fa4-4a01-4974-b71f-9cd980b4aaa2>, downloaded March 9, 2021

9. What is the purpose of the text?
- To describe the benefits of the product
 - To explain that the product is important
 - To persuade people to consume the product
 - To give detailed information about the product
10. Why should we test on a small area before using the product?
- It is for external use only.
 - It contains eucalyptus oil.

- It may provoke allergic reactions.
- It is forbidden to be applied on wounded skin.

11. Which of the following people can use the product?
- Injured people
 - Allergic people
 - People with eyes problems
 - Itchy people due to insect bites

The following text is for questions 12 to 14.

Julian Bakery

Smart Carb #1

LOW CARB

A Complete Sprouted Hi-Protein Bread
Unsweetened & Flavorful
12g Fiber & 12g Protein per Slice

Sprouted Whole Grains, Bean, and Seeds of *Wheat, *Kamut, *Spelt, *Millet, Lentils, Eggs, Soy Protein, Flax Seeds, Sesame Seeds, *Quinoa, *Amaranth, *Wheat, Gluten, Oat Bran, Sea Salt & Yeast.

REFRIGERATE AFTER BUYING • 1-800-93-BREAD & WE SHIP
*Organically Grown www.julianbakery.com

Net Wt. 24oz. (1-1/2lb.) La Jolla, CA 92037

Nutrition Facts

Serving Size 1 slice
Servings Per Loaf: approx 14

Amount Per Serving		
Calories 119	Calories from Fat 9	
Total Fat 1g		2%
Saturated Fat 0g		0%
Cholesterol 0mg		0%
Sodium 140mg		3%
Total Carbohydrate 19g		7%
Dietary Fiber 12g		14%
Sugars 0g		
Protein 12g		
Vitamin A 0%		Vitamin C 0%
Iron 7%		Calcium 4%
Thiamin 8%		

*Percent Daily Values are based on a  Your daily values may vary slightly based on your diet and needs.

13926 00099 9

Source: <https://web.archive.org/web/20210309004626/https://www.dietdoctor.com/low-carb-bread-another-fairy-tale-bites-the-dust>, downloaded March 8, 2021

12. People mainly consume the product when they are _____.
- sick
 - thirsty
 - hungry
 - injured
13. In one package of the product, how many slices does it contain?
- Seven
 - Eight
 - Twelve
 - Fourteen

14. From the text we can infer that the product _____.
- is very sweet
 - is 25 oz in weight
 - contains high calcium
 - should be kept in a fridge

The following text is for questions 15 to 17.

Drug Facts

Active ingredient
Salicylic Acid 2%

Purpose
Acne Treatment

Use - For the management of acne.

Warnings
For external use only.
Avoid contact with eyes. If contact occurs, flush thoroughly with water.
When using this product, skin irritation and dryness is more likely to occur if you use another topical acne medication at the same time. If irritation occurs, only use one topical acne medication at a time.
Keep out of reach of children. In case of accidental ingestion, seek professional assistance or contact a poison control center immediately.

Directions - Use twice daily - apply water to face and hands.
- dispense our Oil Free Acne Wash into hands and lather - apply to face, nose area and neck and gently massage into skin - rinse thoroughly with tepid water.

Other information - store at 20°C-25°C (68°F to 77°F)

Inactive ingredients water, sodium lauryl sulfate, cocamidopropyl betaine, cocamide MEA, sodium chloride, propylene glycol, acrylic acid/acrylamide/methyl propene sulfonic acid copolymer, sodium hydroxide, fragrance, aloe barbadensis leaf extract, methylisothiazolinone, yellow 5, red 40.

Source: <https://web.archive.org/web/20210309061126/https://fda.report/DailyMed/a702ac84-0ce7-5140-e053-2a95a90aa67d>, downloaded March 9, 2021

15. The product is used to treat _____.
A. acne B. dry skin
C. burned skin D. skin irritation
16. We can apply the product to our faces when they are _____.
A. dry B. wet
C. harsh D. smooth
17. "apply to face, nose area, and neck and gently massage into the skin" (Directions)

B. Fill in the blanks correctly.

The following text is for numbers 1 to 3.

Plain Yogurt

Spring of Hope

Just Before Label for
Mayo Springs Males 5.3645

Cream Top Yogurt

Made with whole milk from grass fed cows

16 oz

pasteurized

Keep Refrigerated
For best results stir well
No artificial color or flavors

Ingredients: farm fresh whole milk,
and active bacterial cultures

No GMO feed products are fed to our cows

Source: <https://web.archive.org/web/20210309010530/https://cheeselabels.com/product-info/label-types/yogurt-labels/>, downloaded March 8, 2021

The underlined word has a closest meaning to _____.

- A. softly B. slowly
C. quickly D. thoroughly

The following text is for questions 18 to 20.

NUTRITION FACTS Chocolate	
Serving Size 1 Bar (61g)	
Amount Per Serving	
Calories 251	Calories from Fat 129
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 187mg	8%
Total Carbohydrate 27g	9%
Dietary Fiber 3g	12%
Sugars 11g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 3%	Iron 8%

Source: <https://web.archive.org/web/20210309003455/https://www.dhhs.nh.gov/dphs/fp/homestead.htm>, downloaded March 5, 2021

18. Who will be more interested in consuming the product?
A. Vegetarians B. Nutritionists
C. Fast food lovers D. Chocolate lovers
19. By reading the text, we know the _____ of the product.
A. use B. brand
C. nutrition D. ingredients
20. What can we conclude about the product?
A. It weighs 61 kg.
B. It contains only 1 bar.
C. It contains vitamin A.
D. It contains various vitamins.