How do you pronounce -ed? /t/, /d/ or /id/?

to open	opened	/	/
to accept	accepted	/	/
to love	loved	/	/
to learn	learned	/	/
to hurry	hurried	/	/
to dare	dared	/	/
to help	helped	/	/
to dance	danced	/	/
to erase	erased	/	/
to change	changed	/	/
to walk	walked	/	/
to close	closed	/	/
to date	dated	/	/
to cook	cooked	/	/
to consider	considered	/	/
to count	counted	/	/
to answer	answered	/	/
to wish	wished	/	/
to start	started	/	/
to push	pushed	/	/
to deliver	delivered	/	/
to listen	listened	/	/
to expect	expected	/	/
to wait	waited	/	/
to study	studied	/	/
to miss	missed	/	/
to smoke	smoked	/	/
to enjoy	enjoyed	/	/
to like	liked	/	/
to talk	talked	/	/
to intend	intended	/	/
to play	played	/	/
to wash	washed	/	/
to clean	cleaned	/	/
to arrive	arrived	/	/
to fill	filled	/	/
to rain	rained	/	/
to look	looked	/	/
to show	showed	/	/
to need	needed	/	/
to name	named	/	/