

WEEKLY QUIZ 7

- 1 Complete the recipe with the words in the box.

grate grill spread slices
spoonful season



- 2 Match the beginnings 1–6 with the endings a–f to make cooking advice.

1 Grill	☒	4 Peel	☐
2 Season	☐	5 Spread	☐
3 Boil	☐	6 Don't overcook	☐

- a meat with salt and pepper.
- b water and then add the pasta.
- c food instead of frying, to make it healthier.
- d butter on toast thinly.
- e vegetables as it makes them less nutritious.
- f fruit and vegetables carefully with a knife.

- 3 Complete the cooking adjectives in the phrases.

- 1 r _____ meat and vegetables for Sunday dinner
- 2 b _____ cakes and cookies for dessert
- 3 f _____ eggs and potatoes for a quick meal
- 4 c _____ fruit and nuts in your breakfast cereal
- 5 g _____ meats and vegetables on the barbecue