

# My day



- A afternoon *n.*  
alarm clock *n.*
- B breakfast *n.*  
brush my teeth *v.*
- D dinner *n.*  
do exercise *v.*  
do homework *v.*  
do housework *v.*
- G get dressed *v.*  
get up *v.*  
go to bed *v.*
- L lunch *n.*
- R relax *v.*
- T take a bus *v.*  
take a shower *v.*

*n.* - noun  
*v.* - verb

1. My \_\_\_\_\_ always wakes me up at six o'clock every morning.
2. I wake up at six, but I \_\_\_\_\_ at six-thirty.
3. Then, I go to the bathroom to get washed and \_\_\_\_\_. Healthy teeth are important!
4. After that, I \_\_\_\_\_. I like to wear a tie.
5. Then, I usually have a big \_\_\_\_\_. I like to have some coffee, toast, and fruit.
6. I always \_\_\_\_\_ to my office.
7. At noon, I have \_\_\_\_\_ with my co-workers. We eat at a restaurant near our company.
8. In the \_\_\_\_\_ I take a bus to go back home. I get back home at about five o'clock.
9. After I get home, I often \_\_\_\_\_. I like to go jogging. Sometimes I do sit-ups.
10. After that, I \_\_\_\_\_ so that I can feel clean and fresh.
11. Then, I often help my wife \_\_\_\_\_. For example, I sweep the floor and throw away the garbage.
12. I like to help my kids \_\_\_\_\_. Sometimes my son needs help with his math.
13. I have \_\_\_\_\_ with my family in the dining room.
14. In the evening, we \_\_\_\_\_ and watch TV.
15. I \_\_\_\_\_ between ten and ten-thirty.