student's 4

GRAMMAR FOCUS



Adverbs of frequency

How often do you exercise?
I run on the treadmill **every day**.
I go jogging **once a week**.
I play soccer **twice a month**.
I swim about **three times a year**.
I don't exercise very **often/much**.
Usually I exercise before class.*

Do you **ever** watch TV in the evening?
Yes, I **often** watch TV after dinner.
I **sometimes** watch TV before bed.
Sometimes I watch TV before bed.*
I **hardly ever** watch TV.
No, I **never** watch TV.

__Usually__ and __sometimes__ can begin a sentence.



always
almost always
usually
often
sometimes
hardly ever
almost never
never

GRAMMAR PLUS *see page 137*

A Put the adverbs in the correct place. Sometimes there is more than one correct answer. Then practice with a partner.

1. **A:** Do you play sports? (ever)
   B: Sure. I play soccer. (twice a week)
2. **A:** What do you do on Saturday mornings? (usually)
   B: Nothing much. I sleep until noon. (almost always)
3. **A:** Do you lift weights at the gym? (often)
   B: No, I lift weights. (hardly ever)
4. **A:** Do you exercise on Sundays? (always)
   B: No, I exercise on Sundays. (never)
5. **A:** What do you do after class? (usually)
   B: I go out with my classmates. (about three times a week)
6. **A:** Do you go to the movies? (often)
   B: Yes, I go to the movies. (once a week)
7. **A:** Do you go bike riding? (ever)
   B: No, I ride a bike. (hardly ever)
8. **A:** Do you walk to school? (sometimes)
   B: Sure. I walk to school. (five days a week)

LIVEWORKSHEETS