

NAME : _____
CLASS : _____
DATE : _____

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What's your opinion?



READING

Drag supporting statement (a - e) to its each point 1 to 5. (LP: 5)

1. Some food that we think is healthy can have lots of added sugar.

2. Adverts make us want to eat unhealthy food.

3. The media changes the message about what is unhealthy for us.

4. We need to do more than just eat less sugar if we want to eat healthily

5. The app can give us the information we need to make better choices.

a. First, they told us we were eating too much salt, then it was too much red meat.

b. We see so many pictures of delicious looking food everywhere.

c. We can decide not to buy products that have too much sugar.

d. Even 'healthy' snacks have much more sugar than we think!

e. A diet of burgers and chips isn't good for us either!

Skills :

3.2 Understand a variety of linear and non-linear print and digital texts by using appropriate reading strategies

3.2.2 Understand specific information and details of simple longer texts