

## Listening skills practice: Advice for exams

Listen to the teacher giving students advice for exams and do the exercises to practise and improve your listening skills.

### 1. Check your understanding: multiple choice

Circle the best option to complete these sentences.

1. The teacher wants the students to ...
  - a. take notes after she has finished speaking.
  - b. take notes while she is speaking.
  - c. forget about taking notes.
  
2. The teacher suggests eating ...
  - a. sugary snacks.
  - b. only apples.
  - c. fruit and cereals.
  
3. The teacher suggests finding a study place with a lot of ...
  - a. light.
  - b. space.
  - c. books.
  
4. If students feel stressed they should ...
  - a. go to bed.
  - b. go out for a walk.
  - c. drink some water.
  
5. Students are advised to ...
  - a. select the important things to learn.
  - b. read through everything once.
  - c. make notes about every topic.
  
6. The teacher understands that repeating things can be ...
  - a. difficult.
  - b. uninteresting.
  - c. tiring.
  
7. Students can do past exam papers ...
  - a. in the library only.
  - b. at home if they take photocopies.
  - c. in the after-school study group.
  
8. The teacher recommends a break of five minutes every ...
  - a. hour.
  - b. two hours.
  - c. thirty minutes.

9. It's important to ...
- a. eat regularly.
  - b. sleep when you feel tired.
  - c. keep hydrated.
10. The teacher is sure that the students will ...
- a. pass their exams.
  - b. fail their exams.
  - c. do their best.

## 2. Check your understanding: grouping

Write the advice in the correct group.

|                          |                                     |                                                     |                                            |
|--------------------------|-------------------------------------|-----------------------------------------------------|--------------------------------------------|
| a. Get very comfortable. | b. Read your notes again and again. | c. Try to learn everything.                         | d. Eat sugary food while you are studying. |
| e. Focus on the details. | f. Take regular breaks.             | g. Start by choosing the important things to study. | h. Photocopy past exam papers.             |

| Do | Don't |
|----|-------|
|    |       |

### Discussion

Does any of this advice surprise you?

Have you got any good advice to share about studying for exams?

### Vocabulary Box

Write any new words you have learned in this lesson.