

## Sports and Exercise



CD 1-41

## Listening 1

People are talking about sports and exercise. Listen and number the pictures.



## Listening 2

### CD 1-42 ► Task 1

What sport or activity is the person talking about?  
Listen and circle the correct answer.

- |                                                                  |                                                      |
|------------------------------------------------------------------|------------------------------------------------------|
| 1. a. swimming<br><b>(b.)</b> going to the gym<br>c. jogging     | 4. a. playing tennis<br>b. watching TV<br>c. reading |
| 2. a. playing volleyball<br>b. playing golf<br>c. playing soccer | 5. a. swimming<br>b. jogging<br>c. windsurfing       |
| 3. a. playing baseball<br>b. playing soccer<br>c. playing tennis | 6. a. diving<br>b. riding a bicycle<br>c. walking    |



### CD 1-42 ► Task 2

Listen again. What do you think each person says next?  
Circle the correct answer.

- |                                                                                                    |                                                                                      |
|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 1. <b>(a.)</b> Yes, about three times a week.<br>b. Yeah, I'm getting lazy.<br>c. Yeah, I'm tired. | 4. a. I know, but I'm lazy.<br>b. No, thanks. I'm tired.<br>c. Yeah, reading is fun. |
| 2. a. Yeah, I'd love to.<br>b. I enjoy skiing.<br>c. Yeah, you're right.                           | 5. a. It's too hot.<br>b. Yeah, I'd love to.<br>c. I don't like the cold.            |
| 3. a. Volleyball is tiring.<br>b. Volleyball. It's my favorite.<br>c. Tennis is expensive.         | 6. a. In the car.<br>b. In the morning.<br>c. In the park.                           |

## Listening 3

### CD 1-43 ► Task 1

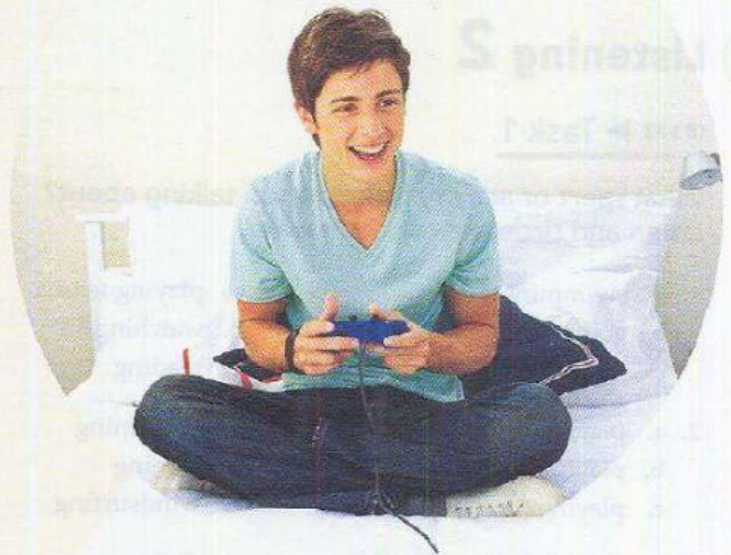
People are talking about how they spend their free time. Listen and check (✓) the correct information.

|           | Exercises<br>a lot                  | Exercises<br>a little    | Never<br>exercises       |
|-----------|-------------------------------------|--------------------------|--------------------------|
| 1. Bill   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Liz    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Victor | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Maria  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. David  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |

### CD 1-43 ► Task 2

Listen again. Match the names on the left with the activities on the right.

- |                  |                      |
|------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs             |
| 2. Liz ____      | b. bicycles          |
| 3. Victor ____   | c. plays baseball    |
| 4. Maria ____    | d. takes walks       |
| 5. David ____    | e. plays video games |



## Dictation

### CD 1-46 ► Task 1

Listen to the conversation. Write the missing words.

A: Do you \_\_\_\_\_ any \_\_\_\_\_, Nick?

B: Yes, I love playing sports. But my \_\_\_\_\_ sport is \_\_\_\_\_.

A: Really? Are you on a team?

B: Yeah, I am. It's a lot of \_\_\_\_\_.

A: How \_\_\_\_\_ do you \_\_\_\_\_?

B: Oh, about \_\_\_\_\_ a \_\_\_\_\_. So, how about you? Do you play sports?

A: Well, it depends. Do you think playing video games is a sport?

B: Umm. . . . I'm not sure about \_\_\_\_\_.