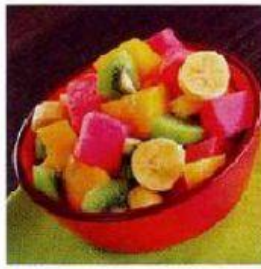


### LABEL THE FOOD



### COMPLETE THE SENTENCES WITH A WORD FROM THE BOX

healthy — breakfast — twice — every — snack on — while — quickly — slowly — skip  
just before — largest — vegetables

1. I eat fruit \_\_\_\_\_ a week.
2. Carrots and beetroots are examples of \_\_\_\_\_.
3. It is not a good habit to eat \_\_\_\_\_ you go to bed.
4. Sometimes I \_\_\_\_\_ a yoghurt.
5. I have \_\_\_\_\_ early in the morning.
6. A hamburger is not an example of \_\_\_\_\_ food.
7. You shouldn't \_\_\_\_\_ meals.
8. I eat my \_\_\_\_\_ meal at lunchtime.
9. Don't eat so \_\_\_\_\_! It is bad for your stomach.
10. Healthy eaters eat fruit \_\_\_\_\_ day.
11. You can eat junk food once in a \_\_\_\_\_. That is not a problem.
12. Eating \_\_\_\_\_ is good for a proper digestion.