PRACTICE – ACTIVITIES – HOW OFTEN

1. **Listen and circle T for *True* or F for *False*.** HTG5_U2_A1

1 He goes to football training once a week. T / F

2 She gets up early on Sunday morning. T / F

3 He has a shower before he has breakfast. T / F

4 He goes to music club once a month. T / F

5 Ella goes to dance class on Thursday. T / F

6 George goes to the cinema three times a month. T / F

7 Her sister helps out at home on Friday. T / F

8 He never eats chocolate. T / F

2. **Read and complete.**

catch hang look online tidy training shower snack

1 I've got a dog. His name is Monty. I _____ after my pet every day.

2 When I get home from school I'm very hungry so I make a _____.

3 I usually get up early and have a _____ before I have breakfast.

4 My brother goes to football _____ on Wednesday after school.

5 I don't go to school by car. I usually _____ the bus.

6 I love chatting to my friends on my computer. I often go _____ in the evening.

7 I always _____ my bedroom at the weekend. I like to help out at home.

8 When it's sunny I like to _____ out with my friends after school.

LIVEWORKSHEETS

3. Ask questions: *How often do you ...?*

Answer the questions: *I always/often/usually/sometimes/never ...*

1



2



3



4



5



6



4 Write about your weekly routine. How often do you do each activity? Write at least 100 words.

LIVEWORKSHEETS

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