

PRACTICE – ACTIVITIES – HOW OFTEN

1. Listen and circle T for True or F for False.

 HTG5_U2_A1

- 1 He goes to football training once a week. T / F
- 2 She gets up early on Sunday morning. T / F
- 3 He has a shower before he has breakfast. T / F
- 4 He goes to music club once a month. T / F
- 5 Ella goes to dance class on Thursday. T / F
- 6 George goes to the cinema three times a month. T / F
- 7 Her sister helps out at home on Friday. T / F
- 8 He never eats chocolate. T / F

2. Read and complete.

catch hang look online tidy training shower snack

- 1 I've got a dog. His name is Monty. I _____ after my pet every day.
- 2 When I get home from school I'm very hungry so I make a _____.
- 3 I usually get up early and have a _____ before I have breakfast.
- 4 My brother goes to football _____ on Wednesday after school.
- 5 I don't go to school by car. I usually _____ the bus.
- 6 I love chatting to my friends on my computer. I often go _____ in the evening.
- 7 I always _____ my bedroom at the weekend. I like to help out at home.
- 8 When it's sunny I like to _____ out with my friends after school.

3. Ask questions: How often do you ...?

Answer the questions: I always/often/usually/sometimes/never ...

1



2



3



4



5



6



4 Write about your weekly routine. How often do you do each activity? Write at least 100 words.

