

INTERLAKEN, SWITZERLAND

14 Cheap & Free Things to do in Interlaken Switzerland on a Budget

When we say free, we mean that there are no paid _____ and you can reach all of these sites by public transportation for completely free with the Interlaken _____ (or by walking).

In case you didn't know, when you stay in the Interlaken area, you'll receive this Guest Card which gives you free _____, in addition to some other benefits. And when we say cheap, we mean it'll cost 10 franc or less per person.

But enough talk. Let's get started.

1. Unspunnen is just a _____ outside of Interlaken. They think this was built as a fortress in the 1200s and although now it's just _____, is still a super fun place to hike around and get great views from the top. You can also take the trail just behind the ruins to a viewpoint with a _____ all the way to Lake Brienz.

2. Less than a 5-minute walk from Unspunnen is our next stop. Food is one of the best ways to experience a _____. That's why Rugenbrau makes this list. This brewery is over 150 years old, and there are usually about a _____ beers you can try.

3. If you've researched things to do in Interlaken, you've probably seen how popular _____ is. And while I'm sure that's an incredible experience, it is pretty _____, but you can still enjoy it by watching them fly above

Interlaken and land here in Hohenmatte.
So grab a bench, put on your _____ ,
and enjoy the show.

(2:24) 4. Watching hang gliders is

hard work. So _____ Velo
Cafe for a caffeine kick. If you've
followed us in the past few years, you'll
know that I love to try coffee every-
where we go. And this is my _____

cafe in Interlaken, just a short walk from the Interlaken West train station. Velo
means _____ , and the inside of the cafe is decorated with all kinds of bikes and
bike racing gear. Now, this cafe isn't Swiss. It's actually owned by a couple from
_____, but the Italian style coffee and vegan food are really, really good.

5. If you're looking to visit a _____ village, then come here. This is
Unterseen. It's just across the river from Interlaken. Some of these beautiful
buildings _____ the 1400s and we've seen so many different
events here in this square, from an old fashioned car show to a food market
and even live music.

6. But one of our favorite things to do here is every Sunday morning we can sit on
a bench and enjoy a _____ from Mohler Bakery. If you want to eat where
the locals eat, then this is the _____ for you. Even though it's closed right
now, the line is often out the door and onto the _____. But trust me, it
moves quickly and it's totally worth the wait. We've tried a lot of different
pastries here, but my sweet-loving self is always up for a schogipfel, which is a
chocolate _____ or a healthy portion of zopf. It's known here as Sunday
bread, but I say it's approved for every day of the week.

7. (3:48) Have you ever dreamed about walking behind a _____? Well, now you
can. This is Mulibach Falls, just a short walk outside of the village of Iselt-

wald, which you can _____
_____ from Interlaken. The shady
trees and cool water make it a
comfortable spot no matter how
hot the weather is.

**8. Iseltwald is one of many charming
villages in this area, but we like to
come here for _____ of the
beautiful blue waters of Lake**

**Brienzi. In fact, it's such a _____ color that we like to refer to it as "Brienzer
Blue."**

**Find a cafe or restaurant, _____, and enjoy the views. This makes for
an ideal rest stop after number 9 on our list.**

**9. If you're up for a long walk along Lake Brienzi and want to see another impre-
ssive waterfall, then _____ from Iseltwald to Giessbach.
Giessbach Falls are hundreds of meters tall and _____ over
14 different steps. Like Mulibach falls, you can walk behind them, but you'll
probably have to share the experience with a few more people.**

**Right next to the falls is the Grand Hotel Giessbach. And although it'll cost you more
than 10 franc to _____ there, the drinks are pretty reasonable. In fact,
the last time we went, I had a glass of water from the waterfall and it was so cool.
But most of the time when we visit, we just bring a picnic and enjoy the view. Do
note that you can walk for free back to Iseltwald or you can pay to _____.**

**10. Last year I think the ladies at this bakery knew me by
name because we came here so often! Steininger is a
_____ and they have tons of breads, traditional
baked treats, and a whole section of artisan chocolate. My
advice: try the hazlicuche, which is _____, and
the quiche, but don't walk out of here without a nice _____
_____ to pair with all those fresh farm foods we'll be
telling you about later.**

**11. (5:44) Your Interlaken Guest Card allows you to ride the bus for free all
the way out to the St. Beatus Höhlen Caves. And here you get a _____**

_____, one of the cascading waterfalls and the other of the beautiful lake Thun. Note that you will have to pay to go inside of the caves but it's free to _____.

12. *It's no secret that Swiss chocolate is really, really good. But if you're traveling Switzerland on a budget, buy your Swiss chocolate from the _____! You can find all the top brands at a discount compared to what you'd pay at a _____. And yes, you can still buy the stuff in really fancy packaging, but if you want to snag a cheaper deal, just go for the _____.*

And while you're here, you should totally try my favorite spread to slather all _____, crackers, or anything else for that matter: Ovomaltine. It's basically like a chocolate version of Nutella, but _____ and way better in my opinion.

13. If the weather is cloudy and I can't be gazing at the mountains, then you often find me here _____ the streets of Wilderwil. This village is on the train line between Interlaken and Lauterbrunnen Valley. Most of the houses here are built in beautiful, traditional _____, and some of them are even more than 400 years old.

Now, a lot of locals live here, so you often see families outside _____ in the backyard and plenty of vegetable gardens, too. Also a tip if you're trying to travel Interlaken on a budget, it might be cheaper to stay here in Wilderswil than in Interlaken, _____ if you book on Airbnb.

14. You can't visit Switzerland without trying some _____ Swiss cheese. Our favorite place to buy our cheese plus eggs, sausage, jam and other delights is from _____. They're dotted all over the area and based on the honor system, you simply take the items you want and leave your cash in the _____. In fact, visiting farm fridges is one of the best ways to experience Interlaken.

