









UNIT 2: HEALTHY LIVING

Task 1. Look at the pictures and complete the blanks.

| | |
|---------------------|---|
| 1. dizzy | a.  |
| 2. toothache | b.  |
| 3. headache | c.  |
| 4. high temperature | d.  |
| 5. cough | e.  |
| 6. tired | f.  |

| | |
|--------------------------|---|
| <p>7. allergy</p> | <p>g. </p> |
| <p>8. obesity</p> | <p>h. </p> |

1....

2....

3....

4....

5....

6....

7....

8....



Task 2. Use the given words to complete the sentences.

| | | | |
|------------------|-------------------|-----------------|----------------|
| junk food | depression | shape | allergy |
| diet | tired | physical | itchy |

1. My sister has an _____ to sunflowers so I don't arrange them in the house.
2. If you follow a balanced _____, you will have a healthy life.
3. Don't eat much _____ because it may cause obesity.
4. Some people suffer from _____ after losing their jobs.
5. She stays in _____ by exercising daily and eating well.
6. He looks so _____. He can't keep his eyes open!
7. If you want to be fit, stay outdoors more and do more _____ activities.
8. The seafood I ate this morning makes me feel _____ all over.