

Acne is a common problem for teenagers. About twenty percent of all cases (1) in adults, but acne usually first appears between the ages of ten and thirteen. It (2) to be worse in people who have oily skin. Teenage acne usually lasts between five and ten years, gradually reducing in (3) and normally going away during the early twenties. Boys (4) most from acne, but women are more likely than men to have it in their thirties or later.

The problem has something to do with (5) substances affecting the openings in the skin called pores. These substances, which come from the skin's oil glands (脂腺), (6) the pores. If the openings are large, a blackhead forms, which is a small flat lump (腫塊) with a dark center. In the case of a small opening, the result is a whitehead, a small (7) with a lighter color. Both types can develop into bigger lumps or (8) below the skin's surface. If they become infected, it's better to see a skin (9). He or she can help (10) a skin problem from turning into a real crisis. And nobody wants that to happen.

(A) spot (B) block (C) occur (D) greasy (E) severity (F) specialist (G) swellings (H) suffer (I) prevent (J) tends

ANS:

In 2013, a year after Nick Vujicic visited a school in Hawaii, the principal wrote to him saying that after his visit, bullying cases dropped to zero. Vujicic himself had (1) that the biggest bully in his school, had been brought up in foster homes. For the bully, who picked on him and many others, violence was the only (2) of life he'd known. (3) controlling his own emotions and (4) to the bully, the vicious cycle was broken.

To this day, even as a well-known figure, Nick (5) suffers from bullying. In his book he talks about creating a bully defense system, and he (6) a recent incident where a drunk hotel guest embarrassed him (7) his new wife by making rude, hurtful comments about his body; in that situation, he (8) silent, and the embarrassing moment soon passed. Nick tells his readers, "The space between feeling an emotion and responding to it is critical. In that space lies the secret (9) self-control and emotional intelligence. These are two gifts that can help you (10) challenges. With them, you can be more confident and happier."

(A) way (B) kept (C) still (D) found (E) overcome (F) in front of (G) to (H) responses (I) by (J) recalls
--

ANS: