

NAME: _____

SECTION: _____

Reinforcement

Healthy Foods v/s Unhealthy Foods

Q1. Look at the pictures and choose the best option.



Healthy

Unhealthy

Healthy

Unhealthy



Healthy

Unhealthy

Healthy

Unhealthy



Q2. Fill in the blanks using appropriate words.

1. Salty snacks and sugary drinks are _____.
2. Unhealthy food makes us _____.
3. _____ food keeps us strong.

Q3. Which one is healthy?



Q4. Which one is unhealthy?



Q5. Drag and drop the words in the correct column.

cake

egg

fizzy drink

water

milk

ice-cream

vegetables

pizza

Healthy Food

Unhealthy Food

Healthy Food	Unhealthy Food
        	        