

Unit 2: Healthy Habits
Sixth Grade

Name: _____ Grade: 6th _____

Objetivo: Reforzar habilidad de lectura.

Unidad 2: Healthy Habits

Contenido: Vocabulario de la unidad.

1. Read and complete.

To: _____

About: _____

Are you healthy?

Hi Sue,

Today a doctor came to our school to tell us how to live a ¹ _____ life and I learned a lot.
² _____ you sleep eight ³ _____ a night? I don't. I sometimes stay in my room
⁴ _____ TV until late. Now I know why I feel ⁵ _____ some ⁶ _____ at school.
I also know why it ⁷ _____ important to eat fruit and ⁸ _____. They help your
teeth and bones to ⁹ _____. Do you eat ¹⁰ _____ food? I sometimes eat a
hamburger, but too many are bad for you.

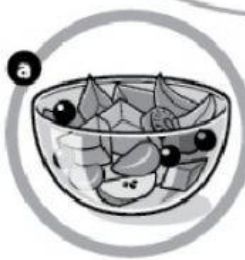
Email me soon and tell me what you think.

Sandie.

junk healthy is vegetables mornings hours Do tired grow watching

15 Look and match.

1 ice lolly 2 fruit salad 3 smoothie 4 vegetable sticks 5 salad



16 Read and write.

- 1 You can make a funny face with it.
- 2 You can make different colours.
- 3 You can eat them with cheese.
- 4 It's got fruit, milk, yoghurt and ice cubes.
- 5 You can use any fruit you like.

salad

