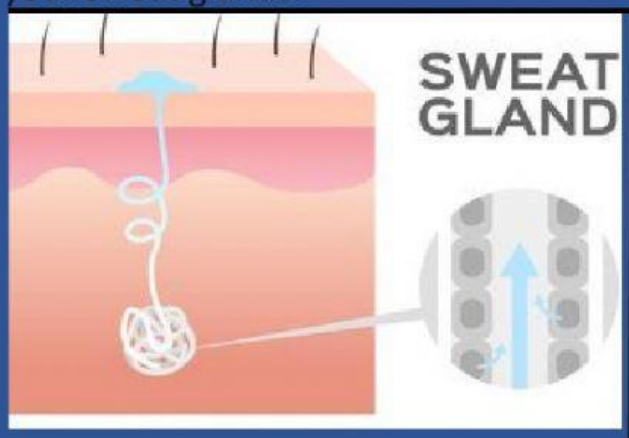
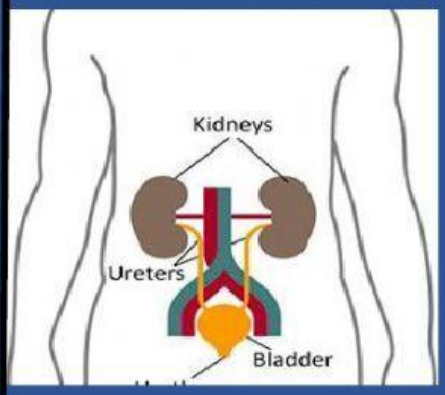
Excretory System

What is Excretory System?

The Excretory System is the part of the body that takes the liquid wastes out of your body. The Excretory System takes part in your kidneys and your sweat glands.





What do kidneys do?

Kidneys are busy! They are like washing machines for the blood in the body. The kidneys filter the blood and take out all the waste in the blood. The kidneys send the liquid waste to the bladder in the form of urine.

Kidneys are part of the team! Our bodies have important parts that work together just like a team. Some other members of the body's team are the heart, lungs, muscles, brain, and stomach.

What do Sweat glands do?

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Sweat glands are a part of your body that controls the temperature which is called the hypothalamus. Then sweat glands in your skin start making sweat. Sweat is made almost completely of water, with tiny amounts of other chemicals.
The sweat leaves your skin through tiny holes called pores. When the sweat hits the air, the air makes it evaporate. As the sweat evaporates off your skin, you cool down.

Sweat is a cooling system, but if you're sweating a lot on a hot day or after playing hard you could be losing too much water through your skin. Then you need to put the liquid back into your body by drinking plenty of water so you won't get dehydrated

Questions

a. Drag and drop the words from the word bank.

1. Sweat glands are a part of your body that controls the _____
2. The kidneys filter the _____
3. The Excretory System is the part of the body that takes the liquid _____
4. Sweat is a _____
5. The kidneys send the liquid waste to the _____

temperature | bladder | cooling system | wastes | blood

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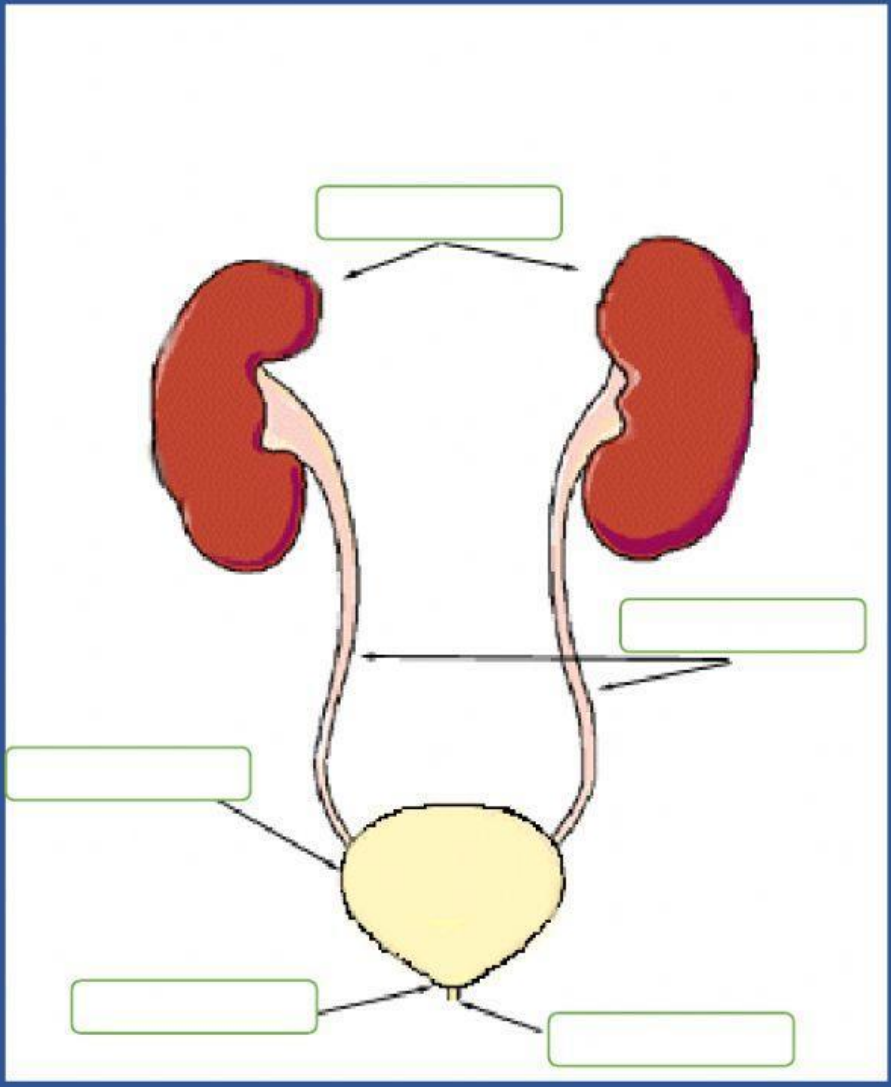
Pick the correct answer from the drop box



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