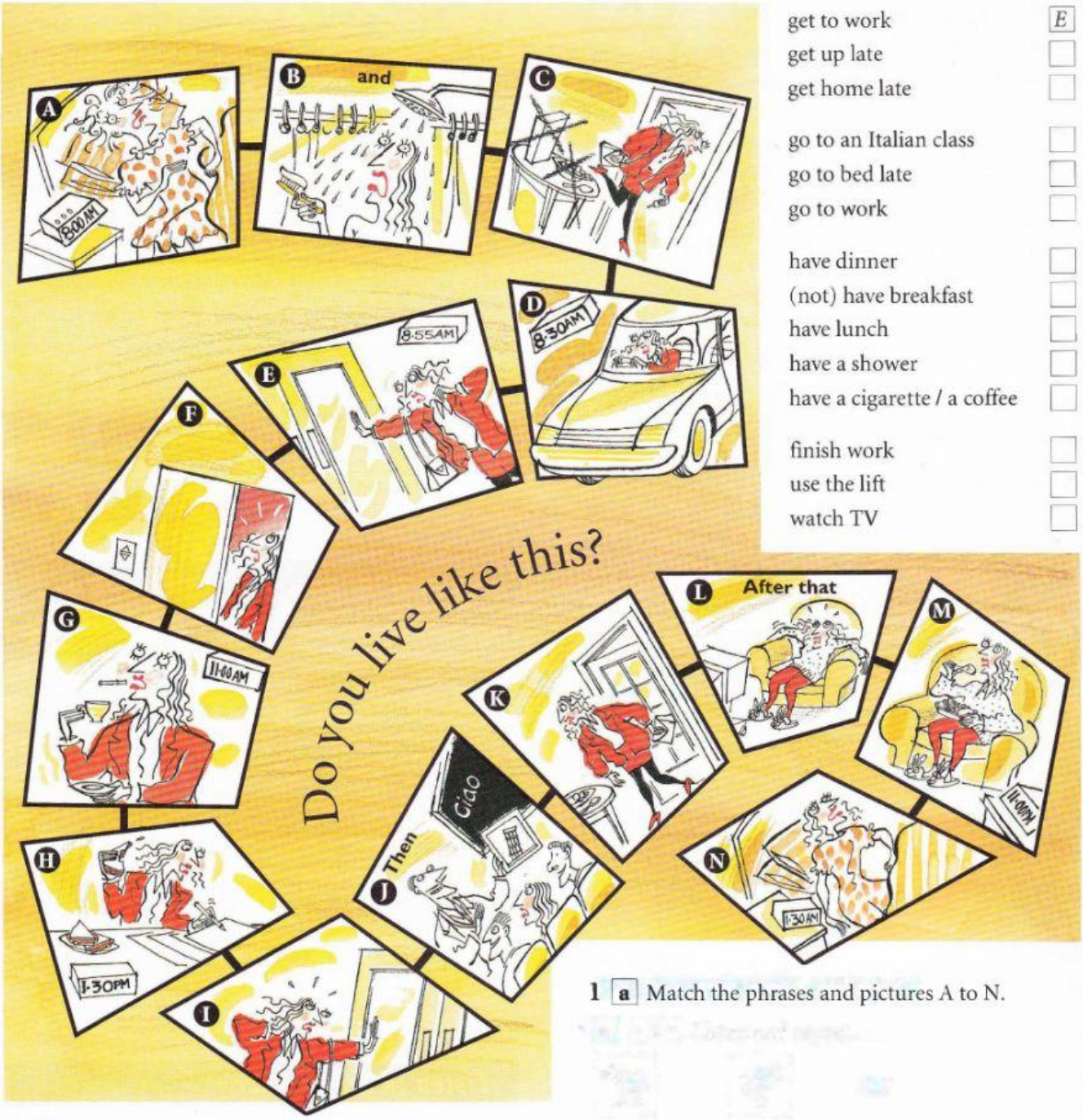
Do you live like Suzy Stressed?

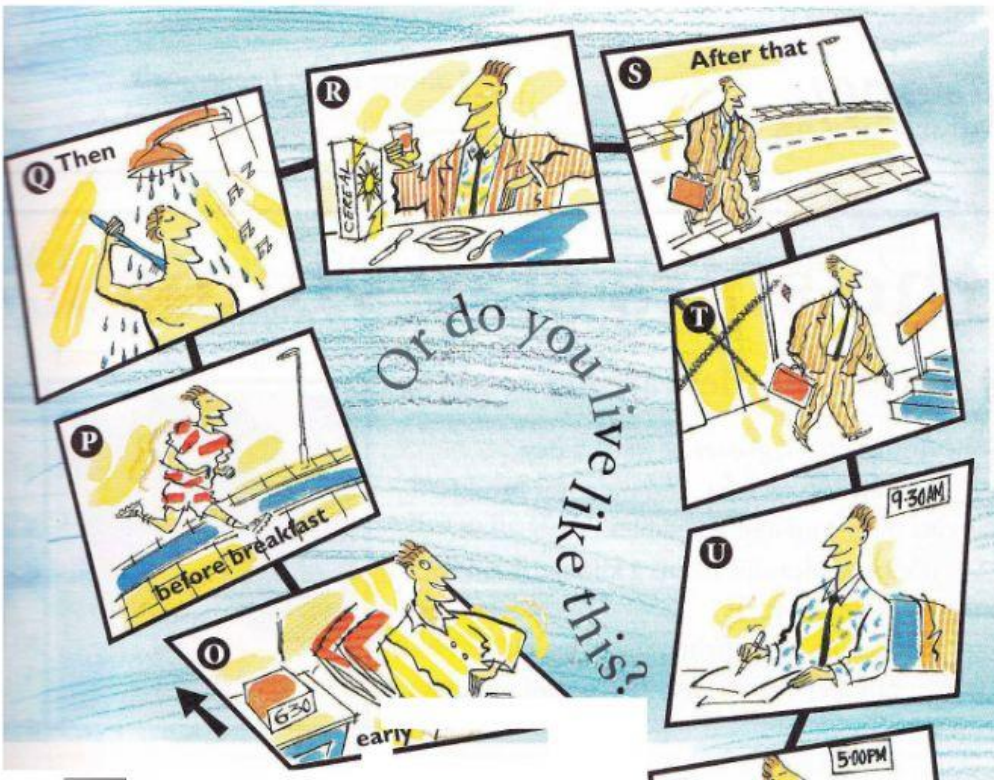
She gets up late.



- get to work [E]
- get up late [ ]
- get home late [ ]
- go to an Italian class [ ]
- go to bed late [ ]
- go to work [ ]
- have dinner [ ]
- (not) have breakfast [ ]
- have lunch [ ]
- have a shower [ ]
- have a cigarette / a coffee [ ]
- finish work [ ]
- use the lift [ ]
- watch TV [ ]

1 [a] Match the phrases and pictures A to N.

LIVEWORKSHEETS



go running P
have … for breakfast
do yoga
walk to work
go home
start work
go to bed
get up
have a shower
(not) use the lift
(not) watch TV

a 3 This is Henry Healthy's day. Match the phrases and pictures O to Y. Listen and check.

b Answer the questions.

What time does he get up? *He gets up at 6.30.*
What does he do before breakfast?
Does he have a shower?
What does he have for breakfast?
Does he go to work by car?
6 Does he use the lift?

Find five differences between Suzy and Henry.

Suzy gets up late, but Henry gets up early.

GRAMMAR FOCUS

o article

- Don't use *the* in these phrases.

have	breakfast / lunch / dinner
go / get	to work / school / bed, etc.
	home NOT ~~to home~~
start / finish	work / school, etc.

PRACTICE

Write five true sentences.
I have breakfast at 7.30.

5 A

LIVEWORKSHEETS