

Allergies

1. What does pollen do?

- A. It sticks to birds' feet.
- B. It travels in the grass.
- C. It makes a type of dust.
- D. It spreads plant seeds.

2. Pollen is

- A. given off by flowers.
- B. in most kinds of food.
- C. sticky and full of germs.
- D. what birds like to eat.

3. People with allergies have to

- A. see the doctor once a month.
- B. carry special pills with them.
- C. drink water and get exercise.
- D. stay away from some things.

4. People who are allergic to bee stings

- A. must get shots.
- B. need to take a pill.
- C. may faint easily.
- D. are in danger.

5. A sting on someone with an allergy to bee stings

- A. may swell up.
- B. will turn black.
- C. will look bumpy.
- D. may hurt the skin.

6. People with allergies may

- A. not feel sick in the autumn.
- B. feel better in the late winter.
- C. not have fun in the spring.
- D. feel terrible in the summer.

7. People with allergies should not

- A. live in places that are too hot.
- B. work in dirty places.
- C. be outside much in the winter.
- D. touch or taste some things.

8. People with allergies may

- A. not feel sick in the autumn.

- B. feel better in the late winter.
- C. not have fun in the spring.
- D. feel terrible in the summer.

9. When a person has an allergy, it

- A. makes him feel scared.
- B. keeps him from thinking clearly.
- C. makes him worry a lot.
- D. changes the way he lives.

10. When a person has an allergic reaction, her

- A. teeth may ache.
- B. face may get pale.
- C. throat may feel tight.
- D. ears may start to ring.

11. People may need to _____ if they have allergies.

- A. live in a dry place
- B. get a lot of shots
- C. take medication
- D. clean every day

12. People with some allergies

- A. have trouble drinking water.
- B. may need to stay inside.
- C. must watch what they buy.

D. have to wear only cotton.

13. What happens when a person with a cat allergy is near a cat?

A. The person's hair stands on end.

B. The person gets sick in the stomach and sometimes vomits.

C. The person yawns and feels sleepy.

D. The person's body changes, for example, they might sneeze.

14. People with allergies to bee stings _____ if they are stung.

A. may have a hard time breathing

B. need to put ice on the sting

C. must wash the sting with soap

D. will feel their faces turn bright red

15. Some people are

A. allergic to foods.

B. allergic to work.

C. sick only in the day.

D. sick only at night.

16. People with allergies must

A. stay out of the forest.

B. never climb mountains.

C. know how to get help.

D. tell someone they are sick.

17. People with allergies

- A. have very pale skin.
- B. drink a lot of water.
- C. may feel as if they have a cold.
- D. have to give themselves needles.

18. People may _____ when they have an allergic reaction.

- A. grow pale
- B. get hives
- C. hear ringing
- D. feel weak

19. What may happen to people with allergies?

- A. They may catch colds easily.
- B. They can lose their eyesight.
- C. They may not be able to smell.
- D. They can get new allergies.

20. The eyes of an allergic person may

- A. have pus.
- B. become puffy or watery.
- C. look shiny.
- D. be hurt by bright lights.

21. People _____ they have an allergic reaction.

- A. feel perfectly well even though
- B. need to drink more water when

- C. have to take a nap because
- D. may have a hard time breathing when

22. A person with an allergy may

- A. become hyperactive.
- B. have a runny nose.
- C. want to sleep a lot.
- D. have a sick tummy.