



### 7.5 FILL IN THE GAPS TO COMPLETE THE SENTENCES

We are feeling nervous.

- 1 Ben \_\_\_\_\_ bored.
- 2 Luis \_\_\_\_\_ irritated.
- 3 I \_\_\_\_\_ sad.
- 4 You \_\_\_\_\_ calm.
- 5 Kate and I \_\_\_\_\_ happy.
- 6 Gina \_\_\_\_\_ confident.
- 7 We \_\_\_\_\_ excited.
- 8 I \_\_\_\_\_ tired.



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### 7.4 MATCH THE FEELINGS TO THEIR OPPOSITES

|                                                                                              |                                                                                               |
|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  happy     |  bored     |
| 1  excited |  sad       |
| 2  angry   |  miserable |
| 3  nervous |  calm      |
| 4  relaxed |  confident |
| 5  pleased |  stressed  |

## 7.7 ANOTHER WAY TO SAY IT TALKING ABOUT YOUR FEELINGS

You can also ask how someone is, without using "feeling."

How **are** you?

Ask the question without using the word "feeling."



I'm **really** happy.

You can show how happy you are by using an adverb before the adjective.



## 7.8 HOW TO FORM TALKING ABOUT YOUR FEELINGS

SUBJECT + "TO BE"

I'm

Use the subject and the verb "to be."

ADVERB

very  
really  
so

Place these adverbs before the adjective to emphasize the strength of your feeling.

FEELING ADJECTIVE

happy.

### 7.1 KEY LANGUAGE TALKING ABOUT YOUR FEELINGS

You can use the verb "to be" plus "feeling" to talk about your feelings.

**TIP**  
"Feel" is a verb that can be used in continuous forms.

How **are you feeling?**

Use "how" as the question word.



**I am feeling happy.**

You can use different adjectives to describe your feelings.



### 7.2 HOW TO FORM TALKING ABOUT YOUR FEELINGS

SUBJECT + "TO BE"

**I am**

Use the verb "to be."

"FEELING"

**feeling**

FEELING ADJECTIVE

**happy.**

The adjective comes at the end of the sentence.

### 7.3 FURTHER EXAMPLES TALKING ABOUT YOUR FEELINGS



**I'm feeling happy.**



**He is feeling angry.**



**You are feeling proud.**



Claire is feeling happy because it's her birthday.

1



Jack is feeling sad because it is raining.

2



Shaun is feeling excited because he's watching soccer.

3



Chris is feeling tired because it's very late.

4



Angelo is feeling bored because his book isn't interesting.

5



Marge is feeling annoyed because Jack is being naughty.

6



Carl is feeling sad because he misses his dog.

7



Jimmy is feeling pleased because he has a new car.

8



Rachel is feeling nervous because she has an exam.

9



Ron is feeling relaxed because he is on vacation.

10



Sandy is feeling jealous because her sister has a new toy.

11



Anne is feeling angry because her boyfriend is late.

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7.1 FIND THE 10 EMOTION ADJECTIVES IN THE GRID

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | S | A | B | L | I | N | E | R | V | O | U | S | L | X | N | G | O | Q | H | N | V |
| R | D | E | M | O | S | M | D | S | C | A | L | M | R | S | M | D | T | M | A | R | D |
| S | I | N | T | E | R | P | I | U | T | C | U | D | E | R | A | I | I | T | P | U | I |
| E | K | A | T | E | B | E | A | R | X | I | N | P | E | B | A | D | R | S | P | N | G |
| M | E | X | C | I | T | E | D | F | L | A | N | G | R | Y | A | K | E | I | Y | N | C |
| P | T | L | S | L | C | A | Z | I | O | R | P | L | E | A | S | E | D | L | R | I | O |

~~excited~~

nervous

bored

pleased

bad

calm

happy

sad

angry

tired



## 7.2 CROSS OUT THE INCORRECT WORD IN EACH SENTENCE



We are feeling ~~confident~~ / nervous.

4



Samantha is feeling happy / sad.

1



Alexander is feeling excited / calm.

5



I'm feeling miserable / happy.

2



Danny is feeling tired / cheerful.

6



Christopher is feeling sad / curious.

3



Peter is feeling anxious / proud.

7



Waldo is feeling happy / bored.





## 7.6 MATCH THE SENTENCES THAT GO TOGETHER

Claude is feeling really happy today.

1 Evie is really angry.

2 Peter is feeling very tired today.

3 Jenny is so nervous.

4 Danny is feeling really disappointed.

5 Angelo is so bored.

So he's staying in bed.

He didn't win the competition.

He wants something to do.

It's his birthday.

The bus still hasn't arrived.

She has an exam tomorrow.



**Aa 7.7** FILL IN THE GAPS USING THE WORDS IN THE PANEL.



I have my exam tomorrow. It's science, and I'm not very good at it. I'm so nervous.



I don't know what to do. There's nothing on TV. I'm really \_\_\_\_\_.



It's my birthday tomorrow. I really can't wait! I'm so \_\_\_\_\_.



This book is really depressing. So many bad things happen. I'm feeling really \_\_\_\_\_.



I don't like this house. It's so dark. Is that a spider? I'm feeling very \_\_\_\_\_.



My girlfriend's forgotten my birthday. And she forgot last year. I'm so \_\_\_\_\_.

angry ~~nervous~~ scared sad excited bored

**Aa 7.11** FILL IN THE GAPS USING THE WORDS IN THE PANEL.



I'm having a great day at the beach. All my friends are here and we're playing volleyball. I'm really happy.



I'm at the airport. I'm waiting for the flight. I don't have a book. There's nothing to do. I'm really \_\_\_\_\_.



I'm watching a movie on TV. It's a love story. The man and his wife are in different countries. They're very \_\_\_\_\_.



We're at the concert. We're waiting for my favorite band in the world to come on stage. We're at the front. I'm so \_\_\_\_\_.



I'm at the supermarket. There's no milk, no butter, no flour, and no sugar. All the things that I need for the cake. I'm so \_\_\_\_\_.



I'm waiting to meet my new boss. She's talking to everyone in the office. I don't know what to say to her. I'm very \_\_\_\_\_.

sad ~~happy~~ bored angry excited nervous

## 06 Vocabulary

**Aa 6.1 FEELINGS AND MOODS** WRITE THE WORDS FROM THE PANEL UNDER THE CORRECT PICTURES



|              |            |
|--------------|------------|
| relaxed      | angry      |
| disappointed | happy      |
| irritated    | proud      |
| scared       | calm       |
| surprised    | distracted |
| confused     | lonely     |
| unhappy      | excited    |
| grateful     | stressed   |
| tired        | anxious    |
| bored        | worried    |
| jealous      | confident  |
| curious      | amused     |