

Present Perfect II

ENGLISH GRAMMAR

FOR - SINCE

I have been living in Japan **since** 2012.

SINCE + starting point
(and continues until now)

FOR + duration of time

NOW

for 4 years

I have been living in Japan **for** 4 years.

FOR

+ period of time
+ number + time word

When we measure the duration of something or how long it lasts. It has a start point and an end point and can be used in different tenses.

- I studied English in Ireland **for** 2 years.
- I will be there **for** around two months.
- We have been married **for** 14 years.

FOR

for ten minutes
for eight hours
for five days
for six months
for three years
for two centuries

SINCE

+ starting point
+ a time / a date

When something started in the past and continues until now. **Since** is mostly used in the present perfect and perfect progressive tense.

- He hasn't eaten **since** 7 o'clock.
- I have been working here **since** June.
- We have been married **since** 2002.

SINCE

since 8 o'clock
since Monday
since February
since 1982
since I left school
since the end of last century

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C Complete these sentences with *for* or *since*.

Then compare with a partner.

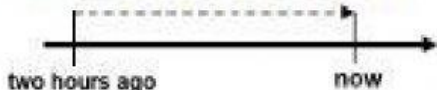
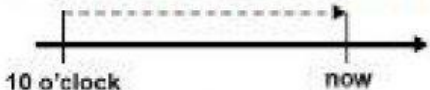
1. Pam was in Central America a month last year.
2. I've been a college student almost four years.
3. Hiroshi has been at work 6:00 A.M.
4. I haven't gone to a party a long time.
5. Josh lived in Venezuela two years as a kid.
6. My parents have been on vacation Monday.
7. Natalie was engaged to Danny six months.
8. Pat and Valeria have been best friends high school.

NAME: _____ DATE: _____

GRAMMAR WORKSHEET

FOR and SINCE



FOR	SINCE
She has been working for two hours.  two hours ago now	She has been working since ten o'clock.  10 o'clock now

- Complete the sentences below with 'for' or 'since'.

- I've been working at this company for five years.
- That restaurant has been open since this morning.
- Kate has lived here _____ 2012.
- It has been raining _____ a long time.
- The TV has been on _____ five o'clock.
- I have wanted to be a doctor _____ I was a kid.
- Sam has studied at this college _____ only a week.
- The telephone has been ringing _____ a few minutes.
- Maria and Eduardo have been married _____ three months.
- My uncle has been in the hospital _____ last Tuesday.
- Dinosaurs have been extinct _____ 65 million years.
- I've had this job _____ June.
- I haven't seen my friend _____ last week.
- We've been waiting for our flight _____ an hour.
- Stewart hasn't eaten any junk food _____ several months.

