



Name: _____

Quiz

Points: _____

UNIT 2B: Eating Well

READING AND WRITING

A Answer these questions.

1. What are some spicy foods? _____
2. Do you like any of these foods? _____
3. Which countries are famous for spicy food? _____
4. Do you think spicy food is good for your health? _____
Why or why not? _____

B Read the article.

Hot, hotter, hottest! Surprising facts about chili peppers

- (1) Chili peppers are one of the oldest food **crops** in the world. Farmers grew the first chilies more than 9,000 years ago.
- (2) The first chili peppers probably grew in Bolivia. From there, the plant **spread** through South America and the Caribbean. Christopher Columbus brought the first chili peppers to Europe.
- (3) The heat in the chilies comes from a chemical called *capsaicin*. Capsaicin has no smell or flavor, but it makes your mouth feel "hot."
- (4) Scientists believe that chili peppers are a very healthy food because they **are rich in** vitamins. Research shows that chilies do not **damage** the stomach, and Indian scientists discovered that eating chilies can help people lose weight.
- (5) Indian food is **well known** for using lots of chili peppers, but Thai food is spicier. The average person in Thailand eats five grams of chili pepper every day—the most in the world!
- (6) The Aztecs of Mexico loved chili peppers so much that they gave them to their king as a gift.
- (7) One of the hottest chili peppers in the world is the habanero. It is bright orange and grows in the Caribbean.
- (8) There are chili sauce factories on every **continent** except Antarctica.

C Match the words from the reading with their meanings.

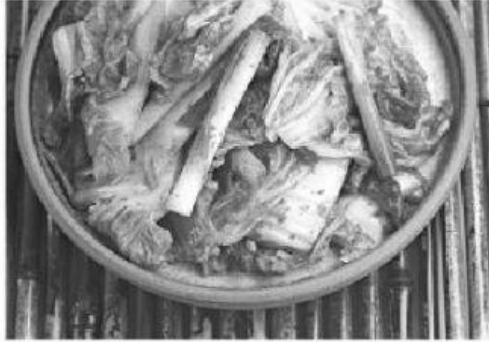
- | | |
|----------------------|----------------------|
| _____ 1. crop | a. hurt |
| _____ 2. spread | b. move over an area |
| _____ 3. are rich in | c. farm plant |
| _____ 4. damage | d. famous |
| _____ 5. well known | e. large land area |
| _____ 6. continent | f. have many |

D Circle **T** for *true* or **F** for *false*. Write the number of the section where you found the answers.

- | | | | |
|---|----------|----------|-------|
| 1. Mexicans eat the most chili peppers in the world. | T | F | _____ |
| 2. Chilies are "hot" because they have capsaicin in them. | T | F | _____ |
| 3. You can find chili sauce factories in Antarctica. | T | F | _____ |
| 4. The first chili peppers grew in Europe. | T | F | _____ |
| 5. Thai food is spicier than Indian food. | T | F | _____ |
| 6. Chili peppers can be dangerous for your health. | T | F | _____ |

E Read the paragraph and circle the correct words.

I'm from Korea, and kimchi is the (1) (famous / most famous) food from my country. It's made from vegetables, chili peppers, garlic, and salt. Its flavor is sour, salty, and (2) (spicy / spicier). The (3) (most popular / popularest) kind of kimchi is made from cabbage, but there are many other kinds. White kimchi doesn't have chili peppers, so it's (4) (milder / the most mild) than others. The (5) (more spicier / spiciest) kind of kimchi is made from radishes. Kimchi is (6) (healthiest / healthier) than many other vegetable dishes because it has more vitamins. I love kimchi, and I eat it every day. Some people don't like it, but I think they should try some different kinds. In my opinion, cucumber kimchi is the (7) (more delicious / most delicious).



GRAMMAR: COMPARISON DEGREE

Use the given adjectives to complete in the correct forms of comparisons.

- Apples are _____ than chips. (healthy)
- Elephants are _____ (big) than bears.
- Gold is _____ - than silver. (expensive)
- Bikes are _____ than cars. (slow)
- I am _____ at English than my brother. (good)
- My friend is _____ than me. (tall)
- Sandy is _____ than Tamara. (thin)
- My father is _____ than Tom's father. (strong)
- "Harry Potter" books are _____ than "The Book of the Jungle". (interesting)
- The tiger is _____ than a fox. (heavy)
- The weather is _____ than yesterday. (hot)

12. The girls are _____ than the boys. (happy)
13. Berta is _____ than Debby. (beautiful)
14. French is _____ than English. (difficult)
15. Tina is 5 years old. Sandra is 10 years old. Sandra is _____ than Tina. (old)
16. Russia is _____ than France. (large)
17. I am _____ at maths than my best friend. (bad)
18. Love is _____ than money. (important)
19. His car is _____ than mine. (cheap)
20. The first movie is _____ than the second. I don't recommend it. (boring)

Thanks!