

**Match the halves of the sentences.**

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|---|---|
| 1. We shouldn't have                          | _____ one hour every day.               |
| 2. It's important to exercise                 | _____ six servings of grains daily.     |
| 3. We should drink                            | _____ more oxygen when we exercise.     |
| 4. Exercise helps you                         | _____ eight glasses of water every day. |
| 5. The body gets                              | _____ a lot of fats.                    |
| 6. Children should eat _____ to sleep better. |   |

**Listen to the interview and mark the correct sentence.**

1. Billy has a healthy lifestyle.
2. Billy doesn't have a healthy lifestyle.



**Listen again and take notes to justify your answer.**

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SHOULD	SHOULDN'T