

1. Reading

Read the text. Choose the correct answer, A, B, C or D.

SELF IMAGES

As you get ready to go out, you have a final check of your look and you feel happy with what you see. The hair is neat and nicely styled, your complexion is tanned and your smile could make any Hollywood actor jealous. Later in the evening, you are more than happy to pose when friends get their phones out to take photos. The next day, however, when the photos appear on social networking sites, you are horrified. You don't recognise the person you are looking at. How can that be you? The nose looks far too big, the skin too white and the hair is all over the place! So just why do we look different in photos from how we imagine ourselves to be?

There isn't just one reason. Firstly, people often look better early in the evening than later on. You have probably just come out of the shower, brushed your hair and put on your elegant clothes. If there was something wrong, you would do something about it and then admire yourself again. When the photos are taken, you may be tired or perhaps full after a good meal. Your hair may not look quite so good as it did. Often, when people get home and look in the mirror, they think: "I look terrible". It's just that, being home and alone, it doesn't matter.

Another reason is to do with angles. In the mirror, we see our nose, mouth and chin from above. This is more flattering than looking up from below. We also turn slightly and smile trying to get the best look possible. Unfortunately, our friends probably aren't as careful. Photos are taken when we aren't ready, often from the wrong position. You could watch carefully to see when someone is going to take a photo and pose for it but, although the photos might look better, your evening won't be very relaxing.

Finally, we all have a tendency to measure and compare ourselves against others. Why is it that other people always look better in photos than we do? Even people who aren't as good-looking, or don't wear such stylish clothes as you? The reason for this is that you could see them all evening, so you know exactly what they looked like. The photos of them are not unexpected in any way. However, when you look at a photo of yourself, you are comparing it not to how you really looked that evening, but to your own idealized image of yourself that you have in your own head. In that version of yourself, your skin is clear and fresh-looking, your hair is neatly in place, and your clothes flatter you.

So what can we do about it? On the one hand, for all the reasons above, photos of ourselves will rarely please us. There's a reason why many celebrities do everything they can not to be photographed in public. On the other hand, you should remember that your friends feel exactly the same. So, when they look at photos of you, they will be as jealous of you as you are of them. Take comfort from that but maybe avoid looking at photos taken of you which appear on other people's social networking pages.

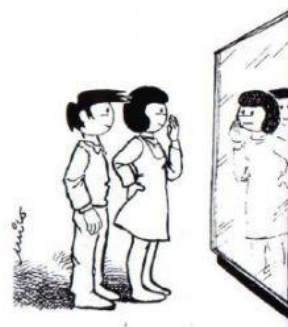
- 1 According to the article, people are pleased when they
- see that their photos are online.
 - are compared to Hollywood actors.
 - see how they really looked when out.
 - look at themselves in the mirror before they go out.

- 2 The writer says that
- most people look better before they go out.
 - this problem only affects George Clooney.
 - you should be careful who you go out with.
 - we are always pleased when we see our reflections.

- 3 One way to look better in photographs is to
- show your friends how to take them.
 - be careful about who takes your photo.
 - make sure you look down on the photographer.
 - be prepared for photos that friends take.

- 4 The difference between looking at yourself and other people in photos is that they
- are more attractive than you.
 - look the same as you remember them.
 - never look as good as they should.
 - are wearing more stylish clothes than you.

- 5 The aim of the article is to
- make people feel better about photos of themselves.
 - help people look better when they go out.
 - criticise the effect of social media.
 - advise people on how to take attractive photos.



2. Make the right choice.

- Genes are responsible **of / for** our appearance and health.
- She likes dressing **smartly / smart**, and always wearing **fashionably / fashionable** clothes.
- My dog **has slept / has been sleeping** since very early this morning.
- The difference **between / of** my two sisters is that one is blue **eyes / eyed** and the other has dark brown **eyes / eyed**.
- Although my Mum's t-shirt **suits / fits** me because we are the same size, the colour doesn't **suit / fit** me.
- I **look / take** after my father. We are both outgoing and cheerful.
- I **prefer / am preferring** getting dressed in the bathroom after **have / having** a shower.

3. Complete with the correct form of the verb.

Dear Rosie,

Hi ! I'm sorry I _____ (not – write) for such a long time but
I _____ (study) hard for the school tests since the beginning of
June. I'm really tired of _____ (work) so hard. I've got little
time _____ (relax)

Last week I _____ (have) a bad experience. My dog Blackie
_____ (steal) ! While we _____ (sleep) someone
_____ (break) into the garage and Blackie was gone !

I'd like _____ (meet) you soon. If your father _____
(come) to town, ask him to let you _____ (come) with him. We can
spend some time together _____ (talk) about the latest news!. I'm sure I
won't be allowed _____ (go) to spend a day with you in the country until I
finish my exams.

Love, Meg.

4. Rewrite.

- When I met her I became interested in her lifestyle. **BEEN**
I _____ her lifestyle since I met her.
- It is possible to inherit genes for eyesight from parents. **MAY**
Genes for eyesight _____ from parents.
- I lost my money so I couldn't buy the sweater. **BECAUSE**
I couldn't buy the sweater _____ the money.
- Please, phone us when you have any problems. **IF**
She will phone us _____ any problems.
- "Alison is shouting and she'll wake the baby up." **THAT**
Mother said _____ wake the baby up.
- My parents don't want me to go on holiday with my friends. **LET**
My parents _____ -on holiday with my friends.
- The days in winter are shorter than in summer. **AS**
The days in winter _____ in summer.
- John is too arrogant to accept the offer. **IF**
John would accept the offer, _____ so arrogant.



5. Fill in the blanks with words in the box. There are SOME extra ones.

charming - age - slim - length - outgoing - reliable - high heeled - scruffy - miserable

1. If I were you I'd change the of my hair.
2. Meg is a bit She doesn't eat much.
3. Father is quite He's always on time and does what he promises.
4. It's usual of my cousin to feel She's unhappy most of the time.
5. My close friend is my We're both in our teens.
6. My next door neighbour looks sort of He's not interested in appearance.

6. Complete the sentences with one word in each space.

1. Jess is upset because she has fallen with her best friend..
2. Luke is music, he spends most of his free time playing the guitar.
3. I get very well with Mark.
4. Who do you hang with at the weekend?
5. Do you have a good with your parents, or do you often have arguments with them?
6. I lost with Tom when he moved to London.

7. Choose the correct verb forms.

1. The Glastonbury festival takes / is taking place every summer.
2. Susan is having / has all the albums by this band.
3. Are you looking / Do you look for anything in particular, Madam?
4. Do they have / Are they having a good time at the festival this weekend?
5. What do you think / are you thinking of his music?



8. Form the right word and complete the blank.

1. I don't like his He looks scruffy.
2. I've never had a of stickers as nice as yours.
3. Mum always looks in her light blue dress.
4. I feel when I can't find the solution to a problem.
5. If you want to be, you should take up doing gym.
6. My step sister always wears very outfits for her age.
7. is a serious ecological problem.

APPEAR
COLLECT
ATTRACT
ANNOY
HEALTH
CHILD
POLLUTE

9. Complete the text with the correct choice.

My brother is a 1 person. He is in his 2 and he's usually 3 unfashionable.
He never pays attention 4 the way he dresses and he often looks 5 Mum always makes
him
6 what to wear to go to school at night but he doesn't 7 putting on whatever is at hand. I have
been 8 him that the girls at school criticize him but he's not interested 9 such comments.
He's the 10 of person who doesn't worry 11 appearance.

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|--------------|--------------|-------------|
| 1. A- worry | B- cotton | C- weird |
| 2. A- teens | B- age | C- manners |
| 3. A- bit | B- pretty | C- sort |
| 4. A- in | B- at | C- to |
| 5. A- fleece | B- scruffy | C- kid |
| 6. A- decide | B- to decide | C- deciding |
| 7. A- want | B- mind | C- hope |
| 8. A- tell | B- told | C- telling |
| 9. A- of | B- in | C- at |
| 10. A- sort | B- boy | C- kid |
| 11. A- with | B- about | C- of |