

Mini Pancakes

Read and listen to the ingredients.

A) Ingredients for 8 pancakes :

150 grams of plain flour 

1 teaspoon of baking powder 

3 pinches of salt 

150 ml of milk 

1 egg 

30 grams of caster sugar 

1 large banana (cut into slices) 

30 grams unsalted butter 

some honey or chocolate syrup 

B) How to make them :

1. Sieve the flour, baking powder, salt and sugar in a bowl.



2. In another bowl, beat the egg with the milk.



3. Pour the milk and egg mixture into the flour and mix them together.



4. In a medium heat add a quarter (1/4) of the butter in a frying pan. When the butter starts to bubble you are ready to start cooking.



5. Add two spoonfuls of the mixture in the frying pan and fry the pancakes for 2 minutes on each side.



6. Do the same with the rest of the mixture.



7. Add some banana slices on top of each pancake.

8. You can serve them with some honey or chocolate syrup.



Enjoy!

Useful vocabulary: powder: σκόνη
sieve: κοσκινίζω
spoon: κουτάλι
caster sugar: άχνη ζάχαρη
plain flour: αλεύρι για όλες τις χρήσεις
pinch: πρέζα, ποσότητα όσο η μύτη απ'το κουταλάκι

mixture : μίγμα
teaspoon: κουταλάκι
spoonful: κουταλιά
the rest: το υπόλοιπο
medium heat: μεσαία φωτιά
bubble: κάνω φουσκάλες