

13/5/22

Mary

E'

Vocabulary test Unit 7

Choose the correct answer. (15p)

- 1 You should always _____ your food well before swallowing it.
A digest B absorb C chew D consume
- 2 Sadie's holiday was ruined when she got food _____ from eating at a restaurant.
A allergy B poisoning C infection D disease
- 3 Paul makes _____ eggs on toast for breakfast every Sunday.
A scrambled B grilled C baked D battered
- 4 Tim's ankle felt very _____ after he twisted it at football practice.
A itchy B fit C sore D ageing
- 5 _____ products like cream and cheese are high in fat
A dairy B poultry C grain D seafood
- 6 Using sunscreen will _____ your skin from harmful UV rays
A prevent B avoid C protect D promote
- 7 I prefer drinking low _____ milk because I'm trying to lose weight
A enzyme B protein C fat D carbohydrate
- 8 Eating lots of sugary foods can _____ your chances of developing diabetes.
A increase B improve C expand D rise
- 9 The doctor gave Richard a(n) _____ for some painkillers.
A operation B prescription C subscription D addiction
- 10 If you get a flu _____ you'll be less likely to become ill
A digestion B infection C injection D vaccination
- 11 How long will it take this wound to _____ ?
A recover B treat C heal D cure
- 12 Some farmers use artificial _____ to help them grow their crops
A fertilisers B chemicals C pesticides D substances
- 13 Foods that have been _____ are not very healthy
A fried B mashed C boiled D steamed
- 14 Lisa is taking antibiotics for her ear _____
A illness B influenza C disease D infection
- 15 When you want to lose weight, you have to burn _____
A proteins B calories C minerals D nutrients

Circle the correct word. (5p)

- 1 Keeping **recipes / receipts** is a way to keep track of how you spend money.
- 2 Fresh fruit have **grains / enzymes** that help us digest food.
- 3 **Glue** is a **substance / supplement** that is used to stick things together.
- 4 It **cuts out / turns out** that exercising regularly is good for our health.
- 5 Helen only eats sweets **on hand / in moderation** because of her strict diet.