

USING FORCES

Choose :



STRETCH
SQUEEZE
BEND



STRETCH
SQUEEZE
BEND



STRETCH
PUSH
PULL



PUSH
SQUEEZE
PULL



BEND
STRETCH
SQUEEZE



BEND
PUSH
SQUEEZE



SQUEEZE
PUSH
STRETCH



PUSH
PULL
BEND



PULL
BEND
SQUEEZE



STRETCH
SQUEEZE
BEND



SQUEEZE
STRETCH
PUSH



PUSH
BEND
PULL