

1 ★ 59 Przeczytaj o Marcie. Jakie jest jej ulubione jedzenie?

smelly /pachnący (brzydko lub ładnie)/ chocolate /czekolada/

A swimming champion

Marta is a swimming champion. She's 10 years old and she lives in Bath in the UK. She swims in national competitions all over the UK. Marta eats a healthy diet to keep her body strong for swimming. Here are her answers to the healthy living survey.

What food do you like to eat every day?

My favourite foods are fruit and vegetables. I love healthy food as it helps me to grow and be strong and to swim well.

For breakfast, I usually eat fruit and cereal.

Sometimes, I have a snack at the weekend, but I don't eat food with lots of sugar in it because it isn't good for you.

Sometimes I have cheese and milk. It's important to eat dairy food to be healthy.

What food do you hate and why?

I hate fish because sometimes it is very smelly.

Do you sometimes eat food that isn't healthy?

Yes, I do. I love chocolate but I know it's bad for me.

Do you like eating meat and fish?

I sometimes eat meat, but I never eat fish.

Where do you usually eat lunch?

I eat lunch at school.

Who do you eat with?

I eat with my friends.



2 ★★ Przeczytaj tekst jeszcze raz, zakreślając pięć grup żywności.

3 ★★ Przeczytaj tekst jeszcze raz i odpowiedz na pytania.

1 Where does she live?

2 What does she usually eat for breakfast?

3 What food does she not eat?

4 Why does she hate fish?

5 Who does she eat with?

5 ★★ Przeczytaj *Writing Tip* i poniższy przykład. Ułóż pytania zaczynające się od zaimków pytających oraz od *Do / Does*.

1 (what / your / favourite food)

What is your favourite food?

2 (what / food / you / hate)

3 (you / like / dairy foods)

4 (you / eat / food / with / sugar in it)

5 (who / you / eat / dinner / with)