Ergonomics

Activity 25

Noor wants to study an office environment to identify some ergonomic features. Can you **study the picture** and help her to **identify 3 different pieces of ergonomic furniture**?

Feature 1: : Sitting on a balance ball	
How does it help?	
Feature 2: Standing Desk	
How does it help?	
Feature 3: Monitor extended to be at eye level	
How does it help?	

Drag and drop select from the bottom menu Then put it next to How does it help?

Improves core strength and 360 degree movement

Less eye strain

Improve posture

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LIVEWORKSHEETS