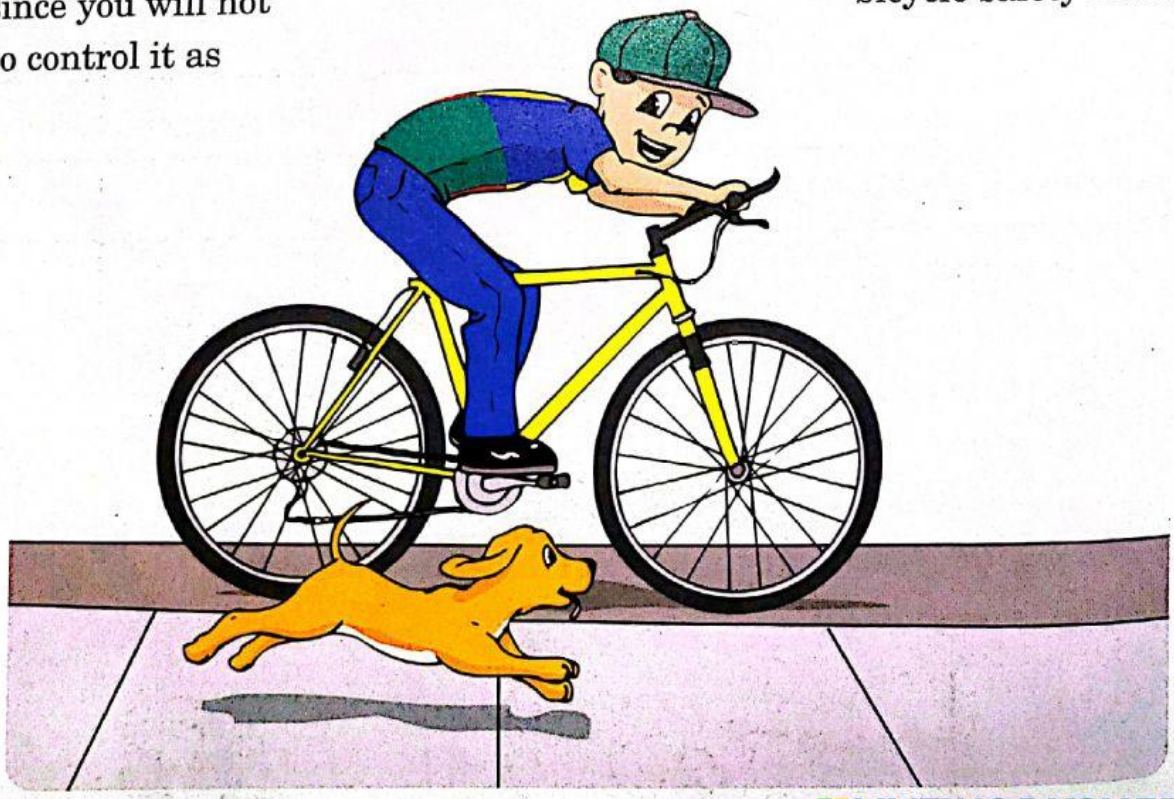
Safety Sam says:

Ride a bicycle safely.

Many boys and girls have a bicycle. Do you? You should know bicycle safety rules before you ride a bicycle. It is important that you keep your bicycle in good working condition. Bicycles that are in poor condition are dangerous. Whenever you ride a bicycle, your safety depends on two things—the condition of your bicycle and your riding skills. In order to keep your bicycle in good working condition, you should check the different parts of your bicycle each week. If something needs to be fixed, you should not ride your bicycle until an adult has repaired it.

Do not ride a bicycle that is too big for you since you will not be able to control it as well as a smaller bicycle. You should be able to reach the pedals and the handlebars of your bicycle easily because you may need to stop quickly. Being able to stop fast can help prevent accidents.

Sidewalks are for pedestrians. You are not being thoughtful of pedestrians if you ride your bicycle on the sidewalk where they are walking. You should ride your bicycle close to the curb on the right side of the street. This is in the same direction that the traffic is going. When you ride your bicycle on the street, you are responsible to know and to put into practice bicycle safety rules.



LIVEWORKSHEETS

Before you ride your bicycle from a driveway onto a street or across a street, you should stop and look in all directions. Avoid riding on busy streets whenever you can. If you are at a busy intersection, get off your bicycle and walk it across. You should obey all of the traffic signs and signals, just as if you were the driver of a car. Do you use the proper hand signals whenever you want to turn left, turn right, slow down, or stop? You should use hand signals even if you think no one else is on the street.

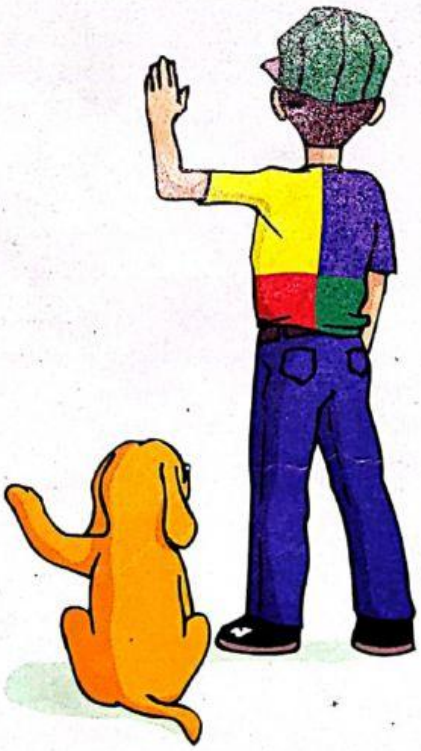
When you turn onto another street, do you stop for pedestrians who are walking across that street? A safe bicyclist is also a courteous one.

Always ride with both hands on the handlebars except when you are signaling. It is not safe to ride while you are carrying school books or a package with one hand. Books or packages should be carried in a basket or on a rack that is firmly attached to your bicycle.

Do not let anyone ride on your bicycle with you—it is not a safe practice.

Practice these until you know them:

left turn



right turn

slow down or stop

LIVEWORKSHEETS

Comprehension Check

I. TRUE/FALSE: Write the word *true* or *false* in the blank.

_____ 1. Before I ride across a street, I should look in all directions.

_____ 2. It is safe to ride with one hand when I am carrying something in my other hand.

_____ 3. I should let a friend ride on my bicycle with me.

II. MULTIPLE CHOICE: Circle the correct answer.

4. I should ride my bicycle close to the curb on the _?_ side of the street.

a. left **b.** right **c.** wrong

5. To cross a busy intersection, I should _?_ my bicycle across the street.

a. walk **b.** carry **c.** ride

6. On wet, slippery roads, I should _?_.

a. ride as fast as I can **b.** race with a friend **c.** ride slowly

III. FILL IN THE BLANK with the correct signal.

7. _____ 9. _____

8. _____

7.

8.

9.

Habits to Form

Bicycle Safety Habits

1. Ride your bicycle close to the curb on the right side of the street.
2. Use the proper hand signals.
3. Walk your bicycle across busy intersections.
4. Ride single file when you are with a group.

LIVEWORKSHEETS