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FOURTH QUARTERLY EXAMINATION IN PHYSICAL EDUCATION

NAME:

GRADE 5

Matching type: write the letter of your answer on the blank.

- | | |
|-----------------------------|---|
| _____ 1. Chest pass | |
| _____ 2. Baseball pass | a. Cover long distance |
| _____ 3. Bounce pass | b. Shot from specified area |
| _____ 4. Overhead pass | c. Bouncing the ball with hand on the ground while moving |
| _____ 5. Stationary dribble | d. Cover short or long distance |
| _____ 6. Moving dribble | e. Drive shot |
| _____ 7. Lay-up shot | f. Bouncing the ball on the ground in one space |
| _____ 8. Jump shot | g. Cover short distance |
| _____ 9. Two-hand push shot | h. Ball is bounced to receiver's hand |
| _____ 10. Free throw shot | i. fingers of shooting hand areas lightly spread |
| | j. player rises high above and release the ball. |

Answer the following and then discuss your answer. Write your answer on the box below

1. Did you find difficulty in practicing the skills?

2. What value were shown in playing volleyball