

# PREPARATS LLESTOS JA



## CHALLENGE 3: YOUR SPEECH

Dear students, Olympic athletes and representatives of the Olympic committee,  
Welcome to the inaugural ceremony of the Olympic Games in Mare de Déu de l'Assumpció.

The modern Olympic Games' mission is to promote \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ and education,  
while promoting the Olympic values as \_\_\_\_\_, \_\_\_\_\_ and respect.

It is therefore important that as ambassadors of the Olympic movement, we continue to spread the popularity  
of sport around the world.

But simply consuming sport is not enough- we want to inspire especially \_\_\_\_\_ to get active. One of the  
means we want to achieve this is through the celebration of the Olympic Games in our school.

Ladies and gentlemen, in recent decades, there has been a gradual decline in the level of physical activity in  
people's daily lives due to technological advancement in all facets of life. Over reliance on modern gadgets  
come with \_\_\_\_\_ and \_\_\_\_\_.

The fact remains that physical inactivity is a major risk factor for most common non-communicable diseases.

Research shows that with the advent of the Information Age, children have become prone to staying at home to  
watch television and play video games.

Kids also consume fast food and calories while sitting and watching television for long hours. Coincidentally,  
kids are not burning off any of these calories while they are stuck in front of the television.

Sports allow children to \_\_\_\_\_, gives them role models to emulate and follow.  
Sports show them anything is possible because those who succeed come from all walks of life.

Therefore, \_\_\_\_\_ and \_\_\_\_\_ should encourage children to involve themselves in physical  
activities like \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ at least one hour each day.

Let's use sport at Mare de Déu de l'Assumpció to transform students' lives and let's make sure that EQUALITY,  
INCLUSION and INSPIRATION, are the \_\_\_\_\_ of these games.

Good luck and happy Olympic Games!!!

HEALTH COURAGE FRATERNITY FELLOWSHIP COMFORT HAPPINESS PROSPERITY

PLEASURE EMOTIONAL HEALTH GREATNESS TALENTS BRILLIANCE JOY TRADITIONS

KNOWLEDGE EFFORT INHERITANCE CIVILIZATION LIFESTYLE TEENAGERS

SCHOOL STUDENTS YOUNGSTERS FAMILIES ILLNESS AILMENT HEALTH CONDITIONS

ARTS MUSIC CHOREOGRAPHY COOPERATIVE ACTIVITIES ESSENCE CENTRE