

Underline the most suitable word or phrase.

- a) There were ten people waiting in the doctor's *office/surgery/ward*.
- b) After I ate the shellfish, I *experienced/fell/happened* ill.
- c) George's cut arm took over a week to *cure/heal/look after*.
- d) David fell down the steps and twisted his *ankle/heel/toe*.
- e) Everyone admired Lucy because she was tall and *skinny/slim/thin*.
- f) I've been digging the garden and now my back *aches/pains/injuries*.
- g) Whenever I travel by boat I start feeling *hurt/sick/sore*.
- h) The doctor can't say what is wrong with you until she *cures/examines/recovers* you.
- i) Use this thermometer and take his *fever/heat/temperature*.
- j) I seem to have *caught/infected/taken* a cold.

- 2 Replace the words in *italics* with one of the words from the box. Use each word once only.

|        |       |                  |        |             |       |
|--------|-------|------------------|--------|-------------|-------|
| agony  | body  | breath           | look   | stomachache | beard |
| brains | heart | <del>spine</del> | tongue |             |       |

- a) Janet fell from her horse and injured her *backbone* spine.
- b) I had a very bad toothache, and was in *great pain* all night.
- c) The police discovered the *dead person* buried in the garden.
- d) One thing you can say about Ann, she has certainly got *intelligence*.
- e) They have a new house right in the *centre* of the countryside.
- f) Italian is actually Mary's native *language*.
- g) Before I dived in the water, I took a deep *mouthful of air*.
- h) After dinner, Jack had a *pain from eating too much*.
- i) Shirley had a strange *expression* on her face.
- j) David managed to grow a *lot of hair on his face*.

- 3 Complete each sentence with a word from the box. Use each word once only.

cheek knees neck ~~throat~~ waist chin lips nose thumb wrist

- a) After speaking for two hours, the lecturer had a sore **throat**. . . . .
- b) Terry was on his hands and . . . . ., looking for the fallen coin.
- c) Paul gave his aunt an affectionate kiss on the . . . . .
- d) There was such a terrible smell that I had to hold my . . . . .
- e) Stan is deaf, but he can understand people by reading their . . . . .
- f) I never wear a watch because I don't like the weight on my . . . . .
- g) One of the boxers punched the other on the . . . . . and knocked him out.
- h) When Diane was a baby, she used to suck her . . . . .
- i) I've lost a lot of weight, especially around the . . . . .
- j) Norma wears a heart on a gold chain around her . . . . .
- 4 Complete each sentence (a-j) with a suitable ending (1-10). Use each ending once.
- a) I think we should send for an ambulance **3**. . . . .
- b) Some people go jogging every morning . . . . .
- c) It would be a good idea for you to go to the dentist's . . . . .
- d) The doctor gave Andy an injection . . . . .
- e) I'm going into hospital tomorrow . . . . .
- f) We took the cat to the vet . . . . .
- g) Susan took two aspirins . . . . .
- h) Nobody could find a stretcher . . . . .
- i) The doctor gave Helen a prescription . . . . .
- j) I bought some special cream . . . . .
- 1 to have that bad tooth of yours taken out.
- 2 to check whether it had recovered from its accident.
- 3 to take old Mrs Jones to hospital.
- 4 to put on my sunburnt arms and legs.
- 5 to get rid of her headache.
- 6 to reduce the pain and help him sleep.
- 7 to take to the chemist's.
- 8 to keep fit, or to lose some weight.
- 9 to carry the injured man out of the building.
- 10 to have an operation on my foot.

# VOCABULARY 15 HEALTH AND THE BODY

5 Choose the most suitable word or phrase to complete each sentence.

- a) Martin hasn't quite ..... **B** ..... his illness yet.  
A) recovered B) got over C) looked after D) suffered
- b) Pauline ..... birth to a baby girl yesterday afternoon.  
A) was B) put C) had D) gave
- c) Your leg isn't broken but it is badly .....  
A) fractured B) bruised C) bandaged D) bent
- d) Several angry drivers shook their ..... at me as I drove away.  
A) fists B) arms C) hands D) elbows
- e) That was a bad fall! Have you ..... yourself?  
A) harmed B) damaged C) wounded D) hurt
- f) Each time I sneezed, everyone said, '..... you!'  
A) Cough B) Bless C) Cold D) Thank
- g) Stop making that noise! You're getting on my .....!  
A) muscles B) brains C) nerves D) blood
- h) As the little boy cried, large ..... rolled down his cheeks.  
A) drips B) tears C) puddles D) streams
- i) I had severe toothache and half my face was badly .....  
A) swollen B) rounded C) exploded D) injured
- j) I've got a headache, and I don't feel very .....  
A) healthy B) fit C) sane D) well

6 Use the word given in capitals at the end of each line to form a word that fits in the space in the same line.

*A visit to the doctor's*

Jim decided to visit the doctor after his trip to the jungle.

He was normally a tall (1) **..muscular..** person, but over the past **MUSCLE**

month he had lost a lot of (2) ..... He had also noticed **WEIGH**

that his ankles and knees had become rather (3) ..... **PAIN**

He thought that he might have eaten or

drunk something (4) ..... or caught **POISON**

some kind of (5) ..... disease. The doctor **INFECT**

took some blood for tests and told Jim to go back a week

later. This time the doctor had an optimistic (6) ..... on her **EXPRESS**

face, and Jim felt quite (7) ..... 'Don't worry,' said the **HEART**

doctor, 'it's nothing serious. You haven't caught an (8) ..... **CURE**

disease, or anything terrible like that. It's a simple virus, and

you will need some (9) ..... Take these tablets twice a **TREAT**

day for two weeks, and you'll make a full (10) ..... **RECOVER**

- 7 Match each sentence (a-j) with a suitable sentence (1-10) below which has the same meaning.

- a) Henry's heart was in the right place .....4
- b) Paul held his tongue.....
- c) Richard jawed away for at least an hour.....
- d) Dave had a lot of cheek to talk like that.....
- e) Keith couldn't stomach his new boss.....
- f) Harry backed his boss.....
- g) William kept poking his nose in.....
- h) Graham thumbed a lift to work.....
- i) Charles put his foot in it.....
- j) Jack's heart ached to be where he belonged.....

- 1 He talked.
- 2 He supported him.
- 3 He said the wrong thing.
- 4 He was kind.
- 5 He was rather rude.
- 6 He didn't say anything.
- 7 He interfered in other people's business.
- 8 He hitchhiked.
- 9 He missed home.
- 10 He didn't like him.

- 8 Complete each sentence with one suitable word.

- a) I am afraid she is suffering. . . . **from** . . . an incurable disease.
- b) I was.....agony all night with earache.
- c) I think you've put.....a lot of weight lately.
- d) The effect of this drug will slowly wear.....
- e) You really get.....my nerves sometimes!
- f) After Jack fainted it was several minutes before he.....round.
- g) Is Carol being operated.....tomorrow?
- h) Harry went.....with flu during his holiday.
- i) Peter was treated.....minor injuries and shock.
- j) Don't worry. I'll take care.....you myself.

9 Decide which answer (A, B, C or D) best fits each space.

*A disastrous holiday*

The day Gerald arrived at the Almara Beach Hotel, he fell (1)..... A..... the stairs. The manager called a/an (2)....., but fortunately Gerald's leg was only badly (3)....., and not broken. The doctor (4)..... swimming as further (5)..... but gave Gerald a/an (6)..... for some tablets in case his leg became (7)..... The next day Gerald sunbathed by the pool, and then took a deep (8)..... and dived into the water. There was not very much water in the pool, and he (9)..... one of his arms when he hit the bottom. This time he complained to the hotel manager, who sent a special meal to Gerald's room. Later that night, Gerald was (10)..... from a (11)..... back, the injuries to his arm and leg, and also had a terrible (12)..... He had a high (13)..... and felt terrible. Luckily he had the tablets the doctor had given him to (14)..... the pain. As he reached for them, he fell out of bed and broke his (15)..... He spent the rest of his holiday in bed.

- |                |                |                |               |
|----------------|----------------|----------------|---------------|
| 1) A down      | B to           | C with         | D for         |
| 2) A stretcher | B prescription | C ambulance    | D emergency   |
| 3) A sick      | B bruised      | C hurt         | D infected    |
| 4) A went      | B prevented    | C said         | D recommended |
| 5) A medicine  | B cure         | C drugs        | D treatment   |
| 6) A recipe    | B paper        | C prescription | D order       |
| 7) A painful   | B pained       | C painless     | D pain        |
| 8) A end       | B breath       | C mouthful     | D water       |
| 9) A hurt      | B injury       | C ached        | D sore        |
| 10) A ill      | B injured      | C suffering    | D damaged     |
| 11) A sunny    | B sunburnt     | C sunshine     | D grilled     |
| 12) A agony    | B hurt         | C heat         | D stomachache |
| 13) A pain     | B temperature  | C ache         | D degree      |
| 14) A hold     | B check        | C rid          | D reduce      |
| 15) A waist    | B lips         | C wrist        | D throat      |